

Vol. 16, No. 48

From the Beaches to the River District downtown Fort Myers December 1, 2017

A Christmas Classic At Broadway Palm

by Di Saggau

Christmas Story The Musical is now playing at Broadway Palm, and it's the perfect remedy for anyone who needs a boost to get into the spirit of the holiday. Based on the 1983 movie, the story centers around a young boy named Ralphie who wants nothing more than a Red Ryder Carbine Action 200-shot Range Model air rifle for Christmas. Ralphie was played by Christian Miller the night I reviewed the play, and he was fantastic, taking on the iconic role with ease. He's young but his voice is strong, especially in his first number, It All Comes Down to Christmas and Ralphie to the Rescue. Amazing talent.

It's fun to watch him interact with Joshua Lehman who plays the onstage

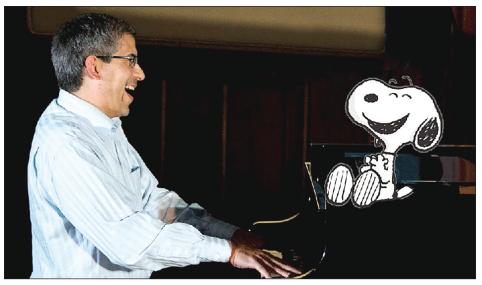


The Parker Family with the infamous Leg Lamp narrator and brings warmth and humor to the role as he recalls childhood memories, reliving each moment as Ralphie

experiences it. Ralphie's mom and dad are played by Benton Sheely and Connor Simpson, and they are well cast with talented voices. Ralphie's younger brother Randy was played by Nicholas Salerno, another young talent. It's the kids who stand out in this production, and there are lots of them. They all deserve a special shoutout, easily handling the required singing and dancing. This is an ensemble show with special moments by

some of the characters. Shannon Connolly is well cast as Miss Shields, Ralphie's teacher, and Frank Hughes plays a disgruntled mall Santa with just the right touch of grumpiness. The fantasy scenes are great fun with lots of themes and costume changes, and top notch choreography. The leg lamp dance number is a scene-stealer, and we're reminded that we didn't see it in the movie. The show has a genuine feeling of family and friendship, and it's definitely a crowd pleaser.

A Christmas Story The Musical plays through December 25 at Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers. For tickets, visit www.BroadwayPalm.com or call the box office at 278-4422.*



Pianist Jim Martinez with the animated Snoopy

photo provided

Fun With The Peanuts Gang At Symphony Holiday Pops Concert

The Southwest Florida Symphony presents its annual Holiday Pops concerts with a fun family twist this year – A Charlie Brown Christmas. Concerts will take place at The Village Church at Shell Point on Tuesday, December 12, St. Leo the Great Catholic Church in Bonita Springs on Thursday, December 14, BIG ARTS on Sanibel on Friday, December 15 and at Barbara B. Mann Performing Arts Hall on Saturday, December 16.

This performance, conducted by Dr. Trent Brown, the Symphonic Chorale's music director, features the beloved music of the Peanuts traditional holiday animated TV show, *A Charlie Brown Christmas*, composed by jazz pianist Vince Guaraldi and arranged for orchestra by special guest Jim Martinez. This concert also features performances by the Symphonic Chorale of Southwest Florida.

Single tickets start at \$27 and vary by venue. Family packages of \$60 for four tickets (two adults and two children) are also available for Barbara B. Mann Performing Arts Hall and St. Leo the Great Catholic Church performances. Tickets may be purchased at the Southwest Florida Symphony Box Office by calling 418-1500 or visiting in person, online at www.swflso.org and at all performance venues.

Emerging Artist Exhibit Downtown



The Sun by Isabel Mejia images provided

A n emerging artist from the Washington, DC area will be featured during an art opening at the Sidney & Berne Davis Art Center. Artist Isabel Mejia will present False Forests and Hidden Skylines on Friday, December 8 from 6 to 10 p.m.

The paintings of Mejia, an avid teenage painter who has worked in mixed media and trained with senior artists in the nation's capitol, involve surrealist portraits of women. The show, which is free to attend, will close on Friday, December 22. Gallery hours are Monday through Friday from 9 a.m. to 5 p.m.



Prague by Isabel Mejia

Mejia is a junior at Flint Hill High School in Oakton, Virginia and spends her free time painting, reading and writing. Her activities are often closely linked to the characters she creates. False Forests and Hidden Skylines is a series of works exploring the facets of a fantastical alternate reality where the world and the people in it are truly alive. Each work has a story behind it and allows the viewer to be transported into his or her world.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit www.sbdac.com for more information.**

THE RIVER - DECEMBER 1, 2017 Historic Downtown Fort Myers, Then And Now: New Business Block, Circa 1912



by Gerri Reaves, PhD

his postcard image printed a little over a century ago illustrates the mix of old and new in the heart of downtown during a pivotal decade.

Pictured, as the caption states, is the "new business block" on the southwest corner at Jackson Street, with the Bank of Fort Myers Building's three-story section at the corner.

New brick structures proudly stand next to a soon-to-be demolished pioneer one on unpaved First.

Just a year after Harvie E. Heitman built the bank (1910 to 1911), it got an adjoining neighbor, when Taff Langford replaced the wood-frame first Langford Building with a brick one.

The bank occupied the ground floor of the three-story section. Look closely and you'll see the words "Bank of Fort Myers" over the doors at the corner entrance. A store occupied the two-story side, with offices located on the upper floors.

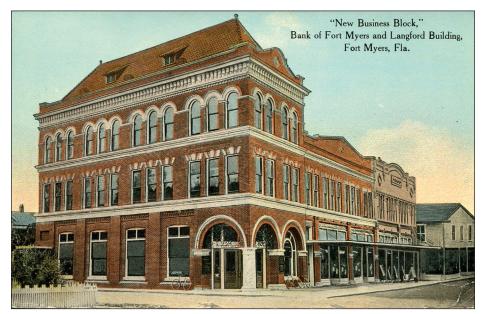
Those folding signs in front of the Langford probably publicize movies, for the town's first motion-picture theater, the Grand Theatre, was located there. It had opened in the first Langford Building in 1908 and continued for a short time in the new one pictured here.

Offices were located on the Langford's upper floor.

Soon after this photo was taken, construction on two more buildings would begin, thus updating the entire block.

The granite First National Bank at the Hendry corner was constructed in 1914, shortly before the Earnhardt Building. That 193-foot cream-brick structure opened in February 1915.

Three details on the left emphasize the contrast between pioneer and modern downtown and signal that changes are afoot.



The Bank of Fort Myers Building (corner) and the Langford Building (now called Langford-Miller Building), built only a year apart, were key components in the wave of modernization that swept along First Street in the 19-teens

photo courtesy SWFL Florida Historical Society, Sara Nell Hendry Gran Postcard Collection

The renovated and occupied historic buildings add to downtown's vitality, but the signage,

neon lights, tables, and planters upstage or obscure the architectural features photo by Gerri Reaves

First, that white picket fence marks the former property of Confederate Maj. Aaron Frierson and his wife Mary Wall Frierson, who had built a home there in the mid-1870s.

Second, notice the roof of that two-story pioneer house behind the bank building. Then there's the anachronistic wood-frame building on the right. Its days are definitely numbered.

Today, the Bank of Fort Myers and Langford Buildings look essentially the same as they did circa 1912, although their exteriors are somewhat altered.

For example, the bank's original arches and decorative grill work are gone. Oddly enough, they had been removed in the late 1940s and subsequently replaced, but they have been changed yet again.

Recently, the upper portion of the arches were filled in with shiny white tiles and bold signage.

Today, two street-level restaurants and one nail salon display plenty of signage, neon or otherwise.

Between that and the outdoor tables and planters, the buildings' subtle refined architectural features are easy to miss.

Walk down to First and Jackson to see the historic "new business block" made new again.

Then visit these two research centers to learn more about how the young city changed in the 19-teens.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, The News-Press, and The Story of Fort Myers by Karl H. Grismer.

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From left, Rev. Paul deJong, Sam Galloway Jr. and Tracey Galloway

Christmas Carol Sing To Benefit

Celebrate the holidays and help feed the hungry by singing at the 27th annual Christmas Carol Sing at First Presbyterian Church on Tuesday, December 5. Because of the overwhelming popularity of the event, three sing-alongs are planned at 1 p.m., 4 p.m. and 7 p.m. The doors will open 30 minutes prior to show time.

Sponsored by the Galloway Family of Dealerships, the Christmas Carol Sing is free to attend, although organizers request voluntary donations of at least two cans of non-perishable food for The Soup Kitchen, operated by Community Cooperative, and a voluntary cash donation, if you can. Hymn Sing organizer Sam Galloway,

Hymn Sing organizer Sam Galloway, Jr., has made feeding the hungry part of his life's work. "Our community has done so much to help our neighbors, but we need to do even more, especially with so many people still suffering from the effects of Hurricane Irma," Galloway said. "If we each just gave the equivalent of what we would spend on a meal – either at home or in a restaurant – those few dollars could feed a family of four for an entire week."

photo provided

Residents who cannot attend any of the Christmas Carol Sing performances may donate canned goods at either the Galloway Ford dealership on Boy Scout Drive or the Coconut Point Ford dealership on U.S. 41 in Estero or mail donations to Community Cooperative, P. O. Box 2143, Fort Myers, FL 33902.

The Christmas Carol Sing is a festival of holiday music and family fun. This year's 90-minute performance will feature the First Presbyterian Church Choir, soloists and other special guests singing favorite holiday carols with audience sing-a-longs.

There is a strong rumor that Santa Claus will be making a surprise visit for the "children in all of us."

First Prebyterian Church is located at 2438 Second Street in downtown Fort Myers, between Lee Street and Royal Palm Avenue. For more information, call First Presbyterian Church at 334-2261 or visit www.fpcfortmyers.org.*

Craft Beer And Music Festival Vendors Sought

Taps & Tunes Craft Beer & Music Festival is looking for food and retail vendors for its Saturday, January 13 event. Registration for food vendors is \$150 and \$75 for retail vendors. Vendors who submit the form via the registration website and pay the registration fee will be contacted prior to the event to verify participation. To register, visit www.sbdac. com/taps-tunes-2018-vendor/. Taps & Tunes Craft Beer & Music

Festival will take place along the Fort Myers River Basin and feature local food trucks, craft beer brewers and live music. It will be held from 2 to 8 p.m. Tickets are \$45 for unlimited beer

tasting, \$75 for VIP passes and \$5 for general admission. For more information, visit www.sbdac.com.☆



World War II Pilot Remembered During Tribute

N Veterans Day, Cypress Lake Country Club paid tribute to the late Lt. Philip Rasmussen, a former member and highly decorated war hero, best known as the WWII "Pajama Pilot." During the ceremony, a bridge on the newly renovated golf course was dedicated in memory of Lt. Rasmussen and in honor of all veterans. Special guest General James Dozier, a retired three-star general, shared the story of Lt. Rasmussen, recognizing him and all those who served our country. At the close of the ceremony, more than 30 veterans crossed over the new bridge, dedicated in their honor.

Lt. Rasmussen was a WWII pilot during the Japanese attack at Pearl Harbor on December 7, 1941. On that morning, Lt. Rasmussen looked out the window of his barracks where he saw a group of Japanese airplanes dropping bombs in the field. He quickly strapped on his .45 caliber pistol to his pajamas and ran to get an airplane. While most of the planes were already destroyed, Lt. Rasmussen found a P-36 Hawk and took off. After engaging fire with Japanese military, Lt. Rasmussen managed to shoot down one of the planes before plunging through the clouds. After regaining control of the aircraft, he returned safely to Wheeler Field and landed without the brakes, rudder or tailwheel. The story is recounted in several WWII movies that depict the attack at Pearl Harbor. Lt. Rasmussen

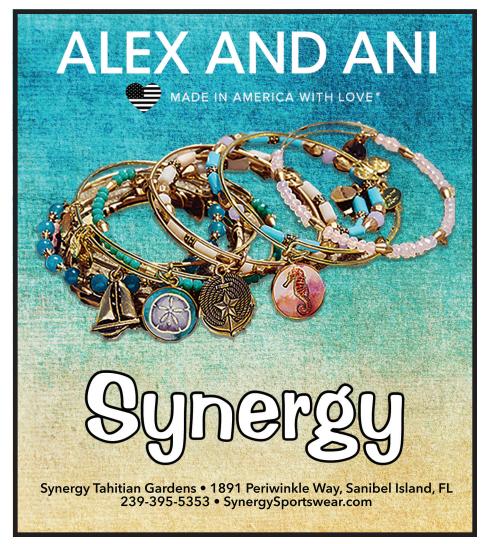


The late Lt. Philip Rasmussen

photo courtesy www.jphs.org died in 2005, and is buried at Arlington Cemetery.

"At Cypress Lake Country Club, Lt. Rasmussen was better known for his beautiful paintings than his golf game, but most members were unaware that he was a decorated war hero," said Scott Fischer, board president at Cypress Lake Country Club. "With the opening of our newly restored course coming up, the board and leadership at Cypress Lake Country Club wanted to take a moment to honor Lt. Rasmussen and to pay tribute to the men and women who have fought for our freedom."

For more information on the club, call 481-1333 or visit www.cypresslakecc. com.☆



Awards Presented At Fall Art Show

n November 13, the first judged show of the season opened at the Fort Myers Beach Art Association (FMBAA) main gallery, sponsored by the Red Coconut. Members of the art association submitted paintings for the exhibit, judged by renowned artist Vladislav Yeliseyev, who also judged the Paint the Beach competition.

The founder of Renaissance School of Art in Sarasota, Yeliseyev said his most important judging criteria was fine art approach, color integrity of work and artistic professional skills. Renée Chastant, a signature member of the Southern Arizona Watercolor Guild, an active member of the Sanibel-Captiva Art League and president of the Painters Guild at Shell Point, gave a colorful gallery talk and expressed her insight on each painting at the gallery.



Julie Nusbaum's Bottled Up Expression captured first place photos by P. Flaherty

In memory of his wife Lee Ackert, who was FMBAA president from 1983 to 1985, Bob Ackert presented the Best of Show to Terry Shattuck for *Cabin Retreat*. The top three judged works went to Julie Nusbaum with *Bottled Up Expression* in first place, Tracy Cullimore with *Two Good Ole Boys* in second place and Kathy Taylor for *Lexis* in third place. Michele Barron Buelow received the Maya Bryant Award (outdoor painter) for *Live Oaks*.

Merit awards went to Lucille Cessna with *Palms* and Marge Williamson with *The French Connection*. Honorable mentions went to Nancy F. Morgan with Old Fashioned *Roses* and Sue Pink with *Pandora's Box*.





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SWFL Florida's Premier Equestrian Center in beautiful Buckingham Rural Preserve. 28+ scenic acres in a stunning setting. 22 stall main barn with newer roof. Barn is usually full with a steady clientele. Barn has 2 BR apt, office, utility/laundry room, feed room, tack rooms. Indoor & outdoor wash stalls. Sand dressage arena, large outdoor riding area, 18 turnout paddocks & pastures, 4-Bay warehouse. Plus a newly renovated 3 BR mobile home, and more! **Offered at \$1,280,000**





Terry Shattuck with her painting Cabin Retreat, which won Best of Show

Studio 2 features the work from members who participated in the Paint the Beach competition. The Red Coconut sponsored the reception. Both exhibits will be available for viewing and purchase until Friday, December 8.

If you are interested in learning to paint, many short workshops are being taught at the Fort Myers Beach Art Association this season. Visit www.fortmyersbeachart.com to check the schedule.

The annual Art Divine sale of original art priced at or below \$150 will begin Saturday, December 9. The FMBAA gallery will host a public reception on Wednesday, December 13 from 5:30 to 7 p.m.

For more information, call 463-3909, send e-mails to the art association publicity chair Pam Flaherty at fmbaapublicity@gmail.com or stop by the Fort Myers Beach Arts Association gallery located at 3030 Shell Mound Boulevard. The gallery is open Monday to Saturday from 10 a.m. to 3 p.m.*

Science Center And Edison Inventors Fab Lab

MAG History & Science Center and the Edison Inventors Association (EIA) have agreed to collaborate on establishing a Fab Lab in Fort Myers. A Fab Lab is a collaborative space for learning, problem solving and creating through using off-the-shelf, industrialgrade fabrication and electronics tools operated by open source software and programs.

The Fab Lab will be located at IMAG, and will further its efforts to advance science, technology, engineering and mathematics (STEM) literacy. It will also serve as a community resource for area entrepreneurs and members of the public who want to explore fabrication and invention possibilities.

"IMAG is excited to partner with EIA to bring a Fab Lab to Southwest Florida. The educational and economic development opportunities a Fab Lab creates will support the 21st century vision of Southwest Florida," said IMAG

Executive Director Matt Johnson.

EIA members will be instrumental in serving as technical experts. Through their partnership to create a Fab Lab, IMAG and EIA will leverage their respective core strengths to positively impact education and workforce development, economic development and the community at large.

Jesse Morgan, a long-standing board member of EIA, said, "Our group consists of entrepreneurs, inventors, business professionals and those curious about how to take a concept to market. We assist one another in advancing our ideas, inventions and product innovations. Helping to create an organization that will teach and empower young people, entrepreneurs and community members is in direct alignment with the tenets of our group."

MIT Professor Neil Gershenfeld, a scientist and inventor, formed the concept for Fab Lab after offering a course called How to Make (Almost) Anything, which was met with overwhelming demand.

IMAG History & Science Center is located at 2000 Cranford Avenue in Fort Myers. For more information, visit www.theIMAG.org.*





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Fort Myers Art: The 24-Hour Playwriting Challenge



by Tom Hall

ab Theater's popular 24-Hour Playwriting Challenge is just around the corner on Saturday, December 16. Now entering its sixth season, the hightension, pressure-

packed competition invites between three and five playwrights to produce a one-act 12 to 15 minute play in just 10 hours. The writers typically work through the night, starting around 9 p.m. on a Friday night and wrapping up at 7 a.m. on Saturday morning, just before breakfast is served.

After a table read, input from a panel of directors and some last-second finetuning, the scripts are printed, copied and handed to teams of directors and actors who have a mere matter of hours to learn their lines and blocking before hitting the boards beginning at 8 p.m. – in front of a standing-room-only audience.

Admittedly, the challenge represents an incredible amount of work for The Lab, but in the opinion of Artistic Director Annette Trossbach and Prop Mistress Stella Ruiz, the benefits justify the huge outlay of time and effort.



The 24-Hour Playwriting Challenge is an effort for both playwrights and actors

The inaugural 24-Hour Playwriting Challenge took place in December of 2012.

'We didn't know what we wanted to do that first year," conceded Ruiz, who has placed her own imprint on the 24-Hour Playwriting Challenge in the years following that seminal contest. "By year three, we had worked everything out pretty well. The schedule is all important. It has to be tight and everyone has to adhere to it because it's such a truncated experience. Obviously everyone rehearses outside of their stage time, but stage time is critically important. It has to be timed really, really carefully.

The parameters of the challenge have evolved over time. In 2012 and

The Fort Myers Symphonic MASTERSINGERS Presents:



photo courtesy www.artswfl.com

2013, the concept was fairly simple and straightforward. The playwrights were straightforward. The playwrights were given a common setting, such as a waiting room (2012) or the hallway in a rundown apartment building (2013). But they were free to structure the plot, characters and even time period of their play any way they wished within the confines of that set.

But The Lab has built a reputation for innovative work and always strains to push the proverbial envelope. "We decided pretty quickly to change things up in order to keep everyone on their toes playwrights and audience alike," said Ruiz, a grin tugging at the corners of her mouth.

Two years ago, The Lab introduced the idea of a progressive play revolving around the day before, the day of and the night after a wedding. New for 2015 was the creation of a family tree that reflected the pool of actors who would be performing in the challenge.

"We gave them names and

Final Movie Review For Film Festival

he final Thank God for Indie Movie Mondays (TGIM) of 2017 will be held at the Sidney & Berne Davis Art Center on December 4. Join host Eric Raddatz and co-host Melissa DeHaven, plus guest judges Ilene Safron, Rachel Burttram Powers and Justin Xavier Verley to help decide which indie films make it to the 2018 Fort Myers Film Festival. Cocktail hour begins at 6:30 p.m., while movies start at 7 p.m. Tickets are \$10 for adults and \$8 for students and seniors.

TGIM will feature live music from Angela Page of the The Young Dead, accompanied by singer-songwriter Drew Richard. Most recently, Page worked with Frankie Colt to present Southwest Florida with Rock for Equality, a duel venue benefit concert and arts festival. She also runs Love Your Rebellion, a local feminist arts organization. Richard is locally known for his Dylan-esque songwriting and Elliott Smith vocal stylings

The Fort Myers Film Festival will be held March 21 to 25. The event has featured hundreds of local filmmakers and is a must attend for cineasts living in Lee, Collier and Charlotte counties who love

relationships, although not the character traits or arc," Stella said. "[To the casual observer], it may look like we do the same thing each year, but we really don't. We like to experiment. In 2016, for example, we created a collaborative work, set in the same universe but in which the action didn't necessarily happen chronologically or linearly like with the wedding scenario."

No matter the challenge's specific structure or format, Trossbach and Ruiz seek to advance two synergistic goals through the auspices of the competition.

First, they take immeasurable pride in being able to encourage people who've never really written before to explore the realm of playwriting. "We'd prefer to have people who have some kind of theatrical background because you're writing with a live performance and audience in mind," Ruiz noted. "It helps to know how theater actually works in practice. Lab has always been about nurturing people and giving them opportunities. That extends to the 24-hour project, as well. There's a bit of learning process, and that's intended. But we've had writers who've written things before and others who are new to playwriting.

Secondly, Lab endeavors to provide live theater experience for the actors who participate in the project, as well.

The audience is a big winner as well. "People like to see what the playwrights can come up with in such a short amount of time," added Ruiz. "It's high energy, fun, and you can actually feel the buzz and tension when you walk into the theater on Saturday night. There's a vibe you can actually sense.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.公

indie film and film festivals. The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. Visit www.sbdac.com for more information and tickets.举

Alliance Fired Up Exhibit Next Week

he Alliance for the Arts December exhibit will feature the works of 29 Florida artists who have created their pieces using fire or heat in some way. The opening reception for Fired Up will be held on Friday, December 8 from 5 to 7 p.m. It is open to the public.

Juried entries will represent mediums such as ceramics, glass, welded pieces, encaustics and installations. Juror Lee Brotherton will be on hand to present awards including \$300 for Best In Show, \$125 for second place and \$75 for third place. This exhibit runs until January 2. Admission to the gallery is free, but a \$5 suggested donation helps keep arts programming accessible.

This show has been rescheduled from September 2017 due to Hurricane Irma. The Alliance for the Arts is located at

10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers. For more information, visit www.artinlee.org.



New Opportunities at Shell Point

The public is invited and many of these events are **FREE** !

Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more!

explore imagine laugh learn play create



Discover Shell Point: Presentation & Tour

Dec 5, 12 & 19 at 9:30 a.m.

Learn about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. Admission to the presentation and tour is free; however, reservations are required by calling (239) 466-1131 and press 1 for Sales.



2017

inspire



Dec 7 Performing Arts Series:

All Is Calm at 7:30 p.m. Shell Point invites you to a theatrical concert that tells the story of the Christmas Truce of 1914. The holiday classic, *All Is Calm*, combines period songs and firsthand accounts of the remarkable moment in history when Allied and German soldiers laid down their arms to celebrate the holiday. **Tickets are \$35**, or **purchase series tickets for a savings of \$15**. Visit shellpoint.org/concerts, or call (239) 454-2067. The Village Church Auditorium.



Dec 12 Holiday Pops: A Charlie Brown Christmas Concert at 7:30 p.m.

No snow? No problem! Celebrate the holiday spirit of tropical Southwest Florida with the Southwest Florida Symphony, led by Music Director Nir Kabaretti. This festive Christmas concert will highlight songs from the 1965 classic animated series, *Peanuts*, along with traditional Christmas "chestnuts." Enjoy holiday favorites like *White Christmas, Santa Claus Is Coming to Town, Joy to the World*, and many more. **To purchase \$35 tickets, visit www.shellpoint.org/concerts, or call** (239) 454-2067. The Village Church Auditorium.



Visit the Community Thrift Store on the day after Christmas and receive discounts on EVERYTHING in the store during this seasonal sale!



SHELL POINT

Shell Point is a nonprofit ministry of The Christian and Missionary Alliance Foundation

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway. ©2017 Shell Point, All rights reserved. SLS-3489-17

Visit www.shellpoint.org/events for full listings of this month's events!

Along The River

The River District Alliance will host Art Walk in downtown Fort Myers this Friday, December 1 from 6 to 10 p.m. and Saturday, December 2 from 11 a.m. to 4 p.m.

Fourteen galleries invite visitors and residents to meet the artists and enjoy live art demonstrations and exhibitions along the river district.

Each Friday evening, the free, self-guided tours of visual arts galleries will also involve accompanying live entertainment. Many venues also feature additional attractions and specials. There are also opening receptions for exhibits at galleries. Saturdays are more laid back.

On Friday evening, Arts for ACT Gallery will host an artist reception with Rob Goldey's work in the Main Gallery and AJ Weber's work in the White Gallery.

For more information, visit www. fortmyersriverdistrictalliance.com.

Also during Art Walk, the **Sidney & Berne Davis Art Center** will host a **free outdoor concert** featuring The Nowhere Band this Friday, December 1 from 6 to 10 p.m. Southwest Florida's premier Beatles tribute band blends period costumes, authentic instruments, modern lighting and a talented quartet of musicians to create an experience for any true Beatles fan. For more information about The Nowhere Band, visit www.thenowhereband.com.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River



The Nowhere Band will hold a free outdoor concert at the Sidney & Berne Davis Art Center photo provided

District. Visit www.sbdac.com for more information

The annual **Ostego Bay Silent Auction and Old Fashioned Fish Fry** benefit will be held at **Bonita Bill's Waterfront Café** this Friday, December 1 from 5 to 8 p.m. The fundraiser supports the Ostego Bay Foundation.

There is no cost to participate in the silent auction. Cost for the fish fry is \$10. There will be 50/50 raffles.

Bonita Bill's Waterfront Café is located at 702 Fisherman's Wharf under the Matanzas Pass Bridge on San Carlos Island. For more information,



call 765-8101, email info@ostegobay. org or visit www.ostegobay.org.

Sanibel will have its annual **Luminary Holiday Stroll** this Friday, December 1 from 5 to 9 p.m. With luminary bags lining Periwinkle Way, shopping plazas invite participants into parking areas for traditional, and not so traditional, holiday music, food, drink, games and activities and merrymaking. The free community event marks the official start of the holiday season.

The 11th annual **Festival of Trees** is being held from Wednesday, November 29 to Saturday, December 2 at the **Sidney & Berne Davis**

Library To Host Children's Author

Best-selling children's author Jan Brett will be promoting her latest book *The Mermaid* at the Fort Myers Regional Library on Saturday, December 2 at 10 a.m. The event is free and will include a presentation by Brett followed by a book signing until noon. The first 100 families in the signing line will receive a free signed Jan Brett poster. Free street parking is available downtown on the weekends.

Books-A-Million will be on site with many of Brett's books for sale, including her most recent holiday title *The Animal's Santa*. Patrons are welcome to bring their own copies, and signed bookplates will be available to anyone unable to have their book signed.

Children will have the chance to meet and take a picture with Hedgie, Jan's favorite friend from *The Mitten* and *The Hat*. Children's crafts and activities, sponsored by the Friends of the Library, will be available on the plaza until 1 p.m.

Mindi Simon, director of the Lee County Library System, said she is pleased the community can host one of the nation's foremost author-illustrators of children's books.

"Jan Brett's stories are loved and shared by families everywhere," Simon said. "Her illustrations – vivid and enchanting – tell a story of their own. They spark the imaginations of children and promote a lifelong love of reading. We are thrilled that she chose to visit the Lee Art Center. Local businesses and organizations will decorate unique Christmas trees to be raffled and auctioned.

Santa's Block Party will be held during the festival this Saturday, December 2 from 10 a.m. to 2 p.m. The event offers workshops where kids can make arts, crafts and holiday cards as well as decorate Publix cookies and make wood crafts with help from Home Depot. Brunch will be available for purchase from local food trucks.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information on Santa's Block Party, visit www.sbdac. com/event/santas-block-party-2016/.

Members of the **Caloosa Carvers group** will demonstrate their skill at the **Mound House** beginning this Tuesday, December 5.

Working with some of the large portion of the decades-old strangler fig that fell during Hurricane Irma and other varieties of wood, members of the local group will carve masks, bowls, trays and other items related to the Calusa Indians at the Mound House on the first and third Tuesdays of the month through April. Guests to the house and grounds on Estero Bay can watch the carvers and also find their works in the Mound House retail store.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. It is open Tuesday, Wednesday and Saturday from 9 a.m. to 4 p.m. For more information, call 765-0865 or visit www.moundhouse.org.

County Library System."

Brett has more than 40 million books in print and has continued to create for more than 30 years. She is on a 23-market national tour, which includes a tour bus wrapped with artwork from her latest creation. Brett's tour bus will be parked in the library's parking lot at 9 a.m. Families are welcome to take a photograph next to the bus.

The Fort Myers Regional Library is located at 2450 First Street in Fort Myers. For more information about this program or to register, call 533-4600. Check www. leelibrary.net to find out about programs at other locations.³

Symphony Concert Features Harry Potter

Tickets are now available for the Southwest Florida Symphony performing Harry Potter and the Sorcerer's Stone in Concert at the Barbara B. Mann Performing Arts Hall on January 20 at 7:30 p.m. As part of the Harry Potter Film Concert Series, the concert will feature the live symphony orchestra performing every note of John Williams' unforgettable score while the film is shown in high-definition on a 40-foot screen.

For tickets, call 418-1500 or visit www.swflso.org or the Southwest Florida Symphony box office.

For more information on the Harry Potter Film Concert Series, visit www. harrypotterinconcert.com.

serve seating.

SoCo Art Crawl Returns December 9

The best artful crawl of all of Southwest Florida returns to the SoCo Cultural District on Saturday, December 9 from 6 to 10 p.m. The monthly SoCo Second Saturday Art Crawl event, which began in 2016, unites the artistic and cultural venues of the area and brings more opportunities to the creative community of our city.

The SoCo map, which includes all of the night's attractions and the details on how to win a prize by one of the participating SoCo stops, is available in print at each location. To win the przie, attending guests must collect Golden Tickets from each stop in the SoCo map. These must be turned in at any of the participating cultural venues before 10 p.m. This month's prize will be revealed at www.socoswfl.com, in or around the week of the event. The contest winner will be announced one week after the event via social media and notified by email.

This month's participating SoCo Cultural Venues include Alliance for the Arts; DAAS Co-op Art Gallery & Gifts; Ocasiocasa; The Union Artist Studios and Crafted; Catch 22; A Swedish Affair; Broadway Palm Dinner Theater; Suzanne's Dance Fitness; Studio Os Urbanos; City of Palms Studio; and DM Paper Designs

The classic rock band MFYF will



Participants at a recent SoCo Second Saturday

be playing at the Royal Palm Square during the event. In addition, DAAS CO-OP Art Gallery & Gifts will be presenting the art of Whitney Hackett. At the Art Loft, in the Alliance for the Arts campus, the artists of Ocasiocasa and the Union Artist Studios will be teaming up and directing a community art project on the second floor of the Edwards building. Visitors will create their own 'Wish Flag' that expresses a wish for the world. The flags will then be added to an elaborate web connecting the art studios in the loft to wave in the wind spreading goodwill and compassion to all.

The SoCo Second Saturday Art Crawl is a rain or shine monthly event. The SoCo Cultural District location encompasses the block south of photo provided

Colonial Boulevard, from the corner of McGregor Boulevard to Summerlin Road, to Royal Palm Square Boulevard and back to McGregor Boulevard. For more information, visit www.socoswfl. com or call 590-8645.*

Outdoor Screening Of Holiday Classic

The Alliance for the Arts presents a free outdoor screening of *A Christmas Story* on the GreenMarket lawn on Saturday, December 9 at 7 p.m. Blankets, coolers and lawn chairs are welcome for first come, first

\$10 family donation helps the Alliance continue offering affordable and accessible programming. Donations may be made onsite at the event or in advance at ArtInLee.org/Ralphie.

Admission is free, but a suggested

This program is sponsored in part by Pediatric Dentistry of Fort Myers and Hello SWFL.

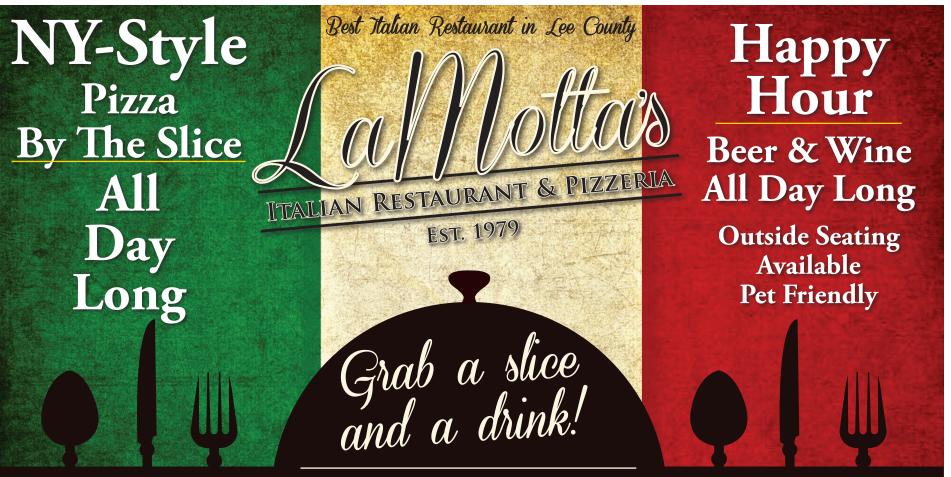
A bespectacled boy named Ralphie wants only one thing for Christmas – an Official Red Ryder Carbine-Action 200shot Range Model Air Rifle. The infamous leg lamp, outrageous pink bunny pajamas, an irritable department store Santa and a triple dog-dare to lick a freezing flagpole are just a few of the obstacles that stand between Ralphie and his Christmas wish.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call 939-2787 or visit www.ArtInLee.org

Holiday Craft Fair And Bake Sale

A n Arts and Crafts Fair and Bake Sale will be held at the Unitarian Universalist Church of Fort Myers on two consecutive Sundays, December 3 and 10, from 11:30 a.m. to 1:30 p.m. Shop for holiday gifts and buy special treats.

The Unitarian Universalist Church of Fort Myers is located at 13411 Shire Lane in Fort Myers. For more information, contact Suzanne Ziemer at suzanneziemer@gmail.com.**



Gulf Point Plaza • 15660-225 San Carlos Blvd. • Fort Myers • Call for reservations 239.482.5505 • LaMottasItalian.com Hours: Monday - Friday 11AM to 9PM • Saturday NOON to 9PM • Sunday 4PM to 9PM

OBITUARY



BERNARD E. WATERMAN

Bernard E. Waterman passed away at his home on Sanibel Island Sunday afternoon, November 12. Edith, his wife of 71 years, and dear friends were by his side.

Bernie was born in 1921 in Strasburg, Virginia, the son of the late Isabelle Burke and Harry H. Waterman. Bernie grew up in the Shenandoah Valley with his brother Harry and sisters Pat and Millie who have preceded him in death. After graduating from John Handley High School, Bernie enlisted in the Navy. He served in World War II, two years in the Atlantic and two in the Pacific. While his ship was in dry dock in Mobile, Alabama, a beautiful young lady caught his eye. Bernie never wasted time. He courted Edith and when back at sea wrote her letters daily until the war ended. They married in Mobile on April 24, 1946.

Even though Bernie was offered a promotion as an officer decommissioning ships, he decided he would attend the University of Missouri and received his journalism degree in 1949. Bernie was appointed a John Jewell Scholar. Despite being offered a teaching position, Bernie and Edith moved to Springfield, Illinois where Bernie worked as a sports editor for a major Illinois newspaper, served as news and special events director at an Illinois TV station and was president of the Midwest Sports Network. He also served as sports announcer for the National Network Shows.

Bernie's entrepreneurial spirit was strong and the desire to own his own company drew him to Worcester, Massachusetts. Bernie and Edith purchased radio station WAAB in July 1956 and built WAAB-FM in July 1961. Bernie served as Director of Broadcast Executives Club of Massachusetts. In 1965, they expanded again and purchased KTSA in San Antonio, Texas and then built KTFM, an FM radio station. Nearly a decade later, it was time to expand again. In 1977, Bernie and Edith purchased WBBH-TV in Fort Myers, Florida. After major renovations and building a new tower in a new location, Bernie and Edith looked for a reason to spend some time in Virginia near Bernie's childhood home. WVIR-TV in Charlottesville became part of the Waterman family in 1986. Bernie had

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900. ALL SAINTS BYZANTINE RITE CATHOLIC

Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.

ANNUNCIATION GREEK ORTHODOX Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099. BETH SHILOH MESSIANIC SYNAGOGUE Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171. BIBLESHARE

10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimple worship.com, 437-8835. BREAD OF LIFE MINISTRIES

Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166. CHABAD LUBAVITCH ORTHODOX Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708. CHAPEL OF CYPRESS COVE Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalthouse@aol.com, 850-3943. CHURCH OF THE CROSS Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL

Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.

COVENANT PRESBYTERIAN Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CYPRESS LAKE BAPTIST Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442. CYPRESS LAKE PRESBYTERIAN

Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233. CYPRESS LAKE UNITED METHODIST Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250. FAITH FELLOWSHIP WORLD OUTREACH Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638 FAITH UNITED METHODIST Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030. FIRST CHURCH OF CHRIST, SCIENTIST Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com. FIRST CHURCH OF THE NAZARENE Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511 FIRST UNITED METHODIST CHURCH Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152. FORT MYERS CHRISTIAN Sunday 10:30 a.m., 5916 Winkler Road, 437-4330. FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST; Sunday 10 a.m., 8210 College Parkway, 482-3133. **IONA-HOPE EPISCOPAL CONGREGATION** Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30

a.m.; fuesday 9:30 a.m.; wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778. JESUS THE WORKER CATHOLIC Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143. KINGDOM LIFE Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343. LAMB OF GOD

Sunday 7:45 and 10 a.m. 19691 Cypress

a pioneering spirit and continually liked to break new ground. In 1994, Waterman Broadcasting entered into a time brokerage agreement with Ellis Communications and continues to conduct the day to day operations of WZVN-TV.

Bernie also developed a passion for medicine and philanthropy. The Watermans have supported groundbreaking medical research at the Mayo Clinic for decades, forming the Bernard and Edith Waterman Center for Cancer Genetics in 2004, providing leadership support for Individualized Medicine in 2014 and as Mayo Clinic Philanthropic Partners in 2017.

Bernie and Edith spent their summers

Call To Artists For All Florida Juried Exhibit

The Alliance for the Arts is seeking Florida artists to submit their work to the annual All Florida Juried Exhibit. The opening reception will be held March 9 from 5 to 7 p.m. This is the Alliance's longest-running exhibition and features pieces created by artists working in a wide variety of media from all over the state of Florida.

Categories for entry are sculpture, painting (including oil, acrylic, collage, watercolor and mixed media), photography, prints and drawing. An entry may consist of one to three artworks. All entries must be submitted online no later than January 29. Artists can download the prospectus and submit their work at www.

View Drive, lambofgodchurch.net, 267-3525. NEW BEGINNINGS CENTER Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embargmail.com, facebook.com/nbcministry, 656-0416. **NEW COVENANT EYES** Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519. NEW HOPE BAPTIST Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503. NEW HOPE PRESBYTERIAN Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230. PEACE COMMUNITY Sunday 10:30 a.m. www. 17671 Pine Ridge Road, peacecommunitychurch.com, 267-7400 PEACE LUTHERAN Sunday 9:30 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peace@ peaceftmvers.com. 437-2599. **REDEEMER LUTHERAN** Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143. **RIVER OF LIFE ASSEMBLY OF GOD** 8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400 SAMUDRABADRA BUDDHIST CENTER Meditation classes. MeditationInFortMyers. org, 567-9739. SAINT COLUMBKILLE CATHOLIC Monday through Saturday 8 a.m.; Saturday 3

and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973. **ST. FRANCIS XAVIER CATHOLIC** Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday

6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161. SAINT JOHN THE APOSTLE

METROPOLITAN

from the 1970s to 2013 in their Osterville home on Cape Cod. They have been Sanibel, Florida residents since the early 1990s.

Funeral services were held on Sanibel November 17 at Sanibel Community Church. Burial took place in Winchester, Virginia.

Arrangements were handled by Harvey Engelhardt Funeral Services in Fort Myers and by Omps Funeral Home in Winchester, Virginia.

Memorial contributions may be made to the Alvin A. Dubin Alzheimer's Resource Center in Fort Myers, Florida, Sanibel Community Church in Sanibel, Florida or the Mayo Clinic in Rochester, Minnesota.

artinlee.org/AllFlorida18.

This year's juror is Mark Ormond, who will be on hand to present awards including \$1,000 cash for Best in Show, a second place \$250 gift certificate for Golden Paints, \$100 cash for third place and Jurors Choice Award(s) of Alliance for the Arts membership(s).

Ormond has worked for more than 30 years as a museum director and curator, university professor, writer, independent curator and consultant to institutions and private individuals. A graduate of George Washington University and the University of Pennsylvania, he is currently curator of exhibitions at Ringling College Galleries at Ringling College of Art and Design where he also teaches courses in the business of fine arts and the role of the curator in contemporary art.

The exhibition is sponsored by Elemental Stone and Waterworks. For more information, call 939-2787.**

Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012 SAINT MICHAEL LUTHERAN Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218. SAINT NICHOLAS MONASTERY Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847. ST. VINCENT DE PAUL CATHOLIC Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818. SOUTHWEST BAPTIST Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336 **TEMPLE BETHEL SYNAGOGUE** Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m.16225 Winkler Road, templebethel.com, 433-0018. TEMPLE JUDEA (CONSERVATIVE) Friday 6:30 p.m. and Saturday 9 a.m. tjswfl. org.14486 A&W Bulb Road, 433-0201. THE NEW CHURCH Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535. **UNITARIAN UNIVERSALIST** Sunday 10:30 a.m. 13411 Shire Lane, uucfm. org, 561-2700. UNITY OF FORT MYERS Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511. WESTMINSTER PRESBYTERIAN CHURCH Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125. WORD OF LIFE Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881. **ZION LUTHERAN** Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.举

crow Case Of The Week: Anhinga



by Bob Petcher

The anhinga (Anhinga anhinga) is known as a snake-bird for its swimming habits that involves its body being submerged and only its long head and curved neck sticking out of the water. In fact, its name is derived from Brazilian Tupi language meaning devil bird or snake bird. It tends to swim lower in the water than many other birds due

to reduced buoyancy from wetted plumage and dense bones.

The large water bird dives underwater from the water's surface and swims slowly as it hunts for fish around vegetation. When fish approach, the anhinga will typically use its long pointed bill and a rapid thrust motion to spear fish through their sides. It will then fling its prey in the air and catch it in its mouth.

If you are boating, paddling or by water's edge, you can spy an anhinga on a rock or bank with its wings spread and feathers fanned open as it dries itself by soaking up sun. You may confuse the anhinga with a cormorant, but the latter has a shorter tail, a shorter and blunter bill and lacks the silvery wing patches of the former. They do look alike when perched, but not in the air. The anhinga is more of a graceful flier, soaring high in the sky while traveling longer distances without flapping its wings. At CROW, an adult female anhinga was admitted

At CROW, an adult female anhinga was admitted from Sanibel after it walked into the finder's yard looking disoriented. During the intake exam, CROW medical staff noticed the bird had mild incoordination and pododermatitis lesions on its left foot.

"Birds can get pododermatitis also known as

'bumblefoot' for a variety of reasons," said Dr. Robin Bast, CROW veterinary intern. "In this case, the bird was ill and spending more time perching in one spot on land as opposed to being on a variety of substratest. Some birds with red tide come in with pododermatitis if they have been beached for awhile."

Dr. Bast stated the lesions were cleaned and bandaged "in a way that takes pressure off the foot while the skin heals." Due to the patient's lack of coordination, initial suspicions leaned toward

brevitoxicosis (red tide poisoning). The anhinga was given fluids to aid with mild dehydration. "Brevetoxicosis has not been confirmed in this patient -- it is being treated based on its clinical signs and the fact that we are seeing several other seabird patients from the area that are affected by red tide. In order to confirm brevetoxin levels, a blood test called an ELISA would have to be sent to an outside lab," said Dr. Bast. "Its white blood cell count was elevated on intake, and it was placed on antibiotics in case of infection. The latest recheck of blood work showed that its white blood cell count is coming back down closer to normal limits."

The anhinga's lesions have reportedly improved significantly since being hospitalized on November 18. If it were a more severe case, surgical intervention may be needed, explained Dr. Bast. The patient is still being "assist-fed" to help it gain weight after arriving underweight and initially on a liquid diet.

There is no cure-all for red tide poisoning. If it was detected in the patient, time would be needed for the toxins to clear the bird's system.

"There is no specific antidote for brevetoxicosis; the current standard of care for treatment is fluid therapy, GI protectants, and nutritional support as the body processes the toxins," said Dr. Bast. "Here at CROW, we are currently involved in a clinical research study investigating a novel therapy for treating brevetoxicosis in seabirds."

A few more days of care has seen some positive signs for the anhinga.



Patient #17-3902 remains in a guarded state at CROW photo by Brian Bohlman

"The patient's prognosis remains guarded. Its neurologic signs have resolved; however, it still has gastrointestinal signs and remains in the ICU," added Dr. Bast. "If it improves over the next few days, then it will be moved to an outdoor enclosure to continue the rehabilitation process."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*



Great Gator Trout Bite Is Happening



by Capt. Matt Mitchell

Strout were my target species this week, with my clients having success on both species. Most of the snook we have been catching as usual are running

on the small side of the 28-inch slot, although we did manage a couple of keeper-sized fish this week. Catching lots of undersized snook is always great for anglers of all experience levels, and you just never know when you will hook into that much larger fish that will give you a run for your money.

With water temperatures slowly creeping back up, the better bite has been in the larger deeper creek mouths of Ding Darling and even out on oyster bars in the middle sound. Once you locate these snook, this bite can be wide open while casting live shiners. Minus low tides are my favorite time to target snook in these deeper creek mouths as they can often stack up in crazy numbers. Look for the best action to come in these creek mouths during the last of the outgoing tide and the first part of the incoming tide. During higher tide periods, it's been hard to beat the bite on oyster bars and potholes around them.

Some of the best big trout fishing of the year has been going on for the past few weeks in the southern sound. Usually I do very little trout fishing unless I have clients who request it, but for the past few weeks I've been on such a nonstop big trout bite. I've been doing it almost every trip when my clients are looking to take fillets home. Many of the sandholes in the shallow grass flats in the southern end of the sound are loaded with some of the largest trout I catch all year. This same trout bite has played out in these same areas for the past several years with lots of trout over 20 inches coming out of sandholes in less than two feet of water.

Trey McGuire, while visiting his grandfather, caught the big snook of the week on my boat – a 30-inch model. After having a pretty slow start to our day, Trey caught the memorable snook while fishing a deep channel during the first part of the incoming tide. Trey has caught lots of snook while fishing with me over the past few years, but this was by far his largest yet and was sure to put a big smile on grandma's face for dinner that night.

Manatee Zones in Pine Island Sound came to a end November 15 allowing faster access to many of the islands and channels that we have just not been able to fish since April. Many of these shallow grass flats in the southern to middle sound offer some excellent big trout fishing and are awesome places to get out of the wind during the next few months. With our warm water temperatures still, there are still lots of manatees around so keep your eyes open while running these shallow areas.



Trey McGuire with his 30-inch snook caught while fishing with Capt. Matt Mitchell this week

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol. com.炎



Plant Smart Spotted Beebalm

by Gerri Reaves

potted beebalm (Monarda punctata) is a native woody perennial of the mint family that grows throughout Florida except in the most extreme southern portion.

This fast-growing, drought-tolerant wildflower has an erect or sprawling form, reaching as high as four feet.

The whorls of white or pale yellow flowers appear late spring to fall, blooming on elongated spikes, one flower stacked above another. The flowers have dome-shaped centers ringed by five pink- or purple-spotted petals. Those spots inspire the common name spotted beebalm, as well as another, dotted horsemint.

Below the flower are conspicuous downward-curving pale lavender, rose, or cream-colored bracts on the hairy square stems. As with many plants with prominent bracts, those bracts are often mistaken for the flowers, which are much less noticeable.

The opposite hairy leaves are about

Calusa Blueway **Speaker Series**

ee County Parks & Recreation will host its annual four-part Great Calusa Blueway Speaker Series at Wa-Ke Hatchee Recreation Center, beginning on Tuesday, December 5 at 6:30 p.m.

Paddlers from across the region have embraced the educational series, and the program has grown in popularity year after year. The speakers offer a diverse portfolio of expertise including history, wildlife, paddling technique, fishing and camping.

On December 5, Dan Carns will share kayak fishing knowledge to begin the series. Carns is a professional kayak fishing guide with years of experience fishing the waters of the Calusa Blueway. He will bring his own equipment and demonstrate how to set-up different types of kayaks for fishing, equipment choices, tides, times, seasons, locations and fish species.

"Dan's fishing programs are our most requested talk, so we thought it would be a great idea to have him start the speaker series this season," Calusa Blueway



Native spotted beebalm has showy lavender or rose bracts and smaller pink- or purple-spotted flowers

photos by Gerri Reaves three inches long and lance-like or oval with toothed edges.

The fruit is a very small collection of four nutlets.

Use spotted beebalm as a groundcover

Coordinator Mike Hammond said. "His programs are always informative, fun and interactive. Each event in the series will begin at

6:30 p.m. at the center. Besides Čarns, Warren Richey will present Racing Twelve Hundred Miles Around Florida by Sea Kayak on January 9; Parke Lewis will present Paddling with the Calusa on February 6; and Tommy Thompson will present Paddling Cuba on March 6.

Wa-Ke Hatchee Recreation Center is located at 16760 Bass Road in Fort Myers. For more information, contact Wa-Ke Hatchee Recreation Center at 432-2154. Trail information is at www. calusablueway.com or www.leeparks.org/ blueway.炎

Chart Reading Boating Course

he San Carlos Bay Power Squadron, a unit of the United States Power Squadrons, will be conducting its popular Local Waters Chart Reading class at the squadron classroom on Saturday, December 16 from 8 a.m. to noon.



Spotted beebalm attracts butterflies and other pollinators

or in a mass planting. Salt tolerance makes it a good choice

for coastal or sandy areas.

Plant it in well-drained soil in full sun to light shade. It can survive in

The class will teach students how to read local waters chart #11427. Students will learn the basics of latitude and longitude, how to find where they are and how to get to where they want to go and how to take bearings.

While there are a very limited number of charts in the classroom, students are strongly urged to bring chart #11427 to class. Charts are best purchased online

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nutrient-poor soil, but prefers rich content. It is pest- and disease-resistant.

Spotted beebalm is especially wellsuited for a butterfly, herb, or wildflower garden, for it provides nectar for butterflies and attracts hummingbirds and other pollinators. Propagate it with seeds or cuttings. It sometimes self-sows.

The aromatic leaves, which contain the same oil as do thyme and oregano, are used for seasoning as well as making medicinal tea.

Native Americans used the plant for a variety of medicinal purposes.

Sources: Florida Wild Flowers and Roadside Plants by C. Ritchie Bell and Bryan J. Taylor, Gardening for Florida's Butterflies by Pamela F. Traas, A Gardener's Guide to Florida' Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, and Waterwise: South Florida Landscapes, South Florida Water Management District, Wildflowers of Florida by Jaret C. Daniels and Stan Tekiela, https://floridata.com, www.edis. ifas.ufl.edu, www.fnps.org, and www. regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.

from Ocean Grafix. Be sure to order the MAPFOLD version of #11427. The cost of the class is \$45 for a single and \$70 for two people sharing the materials. The cost includes a divider and a plotter.

The San Carlos Bay Power Squadron is located at at 16048 San Carlos Boulevard in Fort Myers. Students can register at www.SCBPS.com or call 466-4040 and leave a message.☆

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Works from student artists Tai Goggins, Marile Franco and Taryn Estrada photo courtesy of Anica Sturdivant

FGCU Art Gallery Senior Projects

he Florida Gulf Coast University Art Galleries of the Bower School of Music & the Arts presents Senior Projects, Fall 2017 Exhibition, with an opening reception at the Wasmer Art Gallery and in the Arts Complex on Thursday, December 7 from 5 to 7 p.m. in and. Each student will give a brief presentation about their exhibition

beginning at 5 p.m. in the U. Tobe Recital Hall in the Music Building on the FGCU campus. The exhibition, made possible with the generous support of the Layden Family Foundation, The Smith Family Foundation of Estero, Renata and R.J. Vigoda, and U. Tobe, runs through December 15.

At the end of their studies, each art major completes a senior project in which he or she successfully executes a body of work combining their knowledge of techniques and concepts while

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drawing on the research of historical and contemporary artists. The completed projects are presented in an exhibition open to the university community and the public. Morgan Paine and Michael Salmond are the faculty mentors for this group of graduates.

Senior Project students this semester include Adrianna E. Arago, Kate Callahan, Derek DePontbriand, Courtney Diekelmann, James Fitch, Courtney Frahm, Spencer Gillespie, Eduardo Guerra, Julia Jacobs, Kebel, Alyssa LaManna, Lauren Mathes, Sean Morales, Andrea Mucci, Hannah Pahleteg, Brandie

Support PBS Kids With Donations

TGCU Public Media Advisory Board member Dick Munro's grandchildren may never know about the gift he is giving them this year. What's more, they don't know they're sharing it with all the other kids in Southwest Florida, too

Through December, Munro and his wife, Carol, are matching donations to the PBS Kids channel up to \$3,000. The #Giving Tuesday campaign will continue through the end of the year in support of the channel that is the top source of media content for preschool teachers and No. 1 in Emmy awards for 13 years.

In a year, 31.6 million American kids watch PBS Kids.

"WGCU's 24-hour-a-day PBS KIDS channel is the best thing that has hap-pened to your television since color TV," Munro said. "It's a safe place for kids to learn to read and gain basic math and science skills. Just as important, it's a great place for kids to learn about respect respect for themselves, respect for others and respect for the world around them.

For years, parents have chosen PBS Kids as the No. 1 educational brand in the country in a survey conducted by an

FGCU Pottery Sale And Empty Bowls Soup Lunch

n Friday December 1, the Bower School of Music & the Arts hosts the annual Pottery Sale and Empty Bowls Soup Lunch events for pottery enthusiasts, holiday gift buyers, and community supporters at the Arts Complex courtyard on the Florida Gulf Coast University campus.

The pottery sale featuring ceramic

Snook Season **Closes Friday**

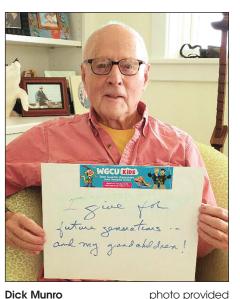
he recreational harvest season for snook closes December 1 in Gulf state and federal waters, including Monroe County and Everglades National Park The season will remain closed through February 28, 2018, reopening to harvest March 1, 2018. Anglers may continue to catch and release snook during the closed season.

This and other regular season closures

Pawlowski, Caitlin Rosolen-De Jesus and Tiana Smith.

The Wasmer Art Gallery is located in the Arts Complex, while the ArtLab Gallery is located at the west side of the Library building on FGCU's main campus at 10501 FGCU Boulevard South. Parking for visitors to both galleries is available in Lot 7. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Friday, 10 a.m. to 7 p.m. Thursday.

For more information on this exhibition and others, go to www.artgallery.fgcu.edu or contact Anica Sturdivant at 590-7199 or asturdiv@fgcu.edu.☆



Dick Munro

independent marketing firm.

To join Munro in his support of PBS Kids, go to www.wgcukids.org/ givingtuesday/

WGCU's goal is to raise \$10,000 to support PBS Kids by December 31.

PBS Kids is home to Arthur, Curious George, Wild Kratts, Sesame Street, Dora the Explorer and other shows, games, clips and curriculum.

artists from across Southwest Florida will be held from 10 a.m. to 4 p.m. The Empty Bowls Soup Lunch, which features student-made bowls, area restaurants donating soup and bread and hunger assistance organizations providing education and outreach, will be held from 11:30 a.m. until the soup and bowls run out.

The Arts Complex is on FGCU's main campus at 10501 FGCU Boulevard South. Parking is available in Lot 7 for event visitors. For further information, contact Tricia Fay at 590-7229 or pfay@fgcu.edu.

are designed to help conserve the species during vulnerable times such as cold weather. Atlantic state and federal waters. including Lake Okeechobee and the Kissimmee River, will close December 15 this year through January 31, 2018, reopening to harvest February 1, 2018.

Visit www.myfwc.com/fishing and click on "Saltwater Fishing," "Recreational Regulations" and "Snook" for more information on snook. Improve data and report your catch on the Snook & Gamefish Foundation's Angler Action iAngler app at www.snookfoundation.org.炎

Financial Focus Sharing Financial Abundance With Your Family?



by Jennifer Basey

hanksgiving is almost here. Ideally, this day should be about more than football and the imminent arrival of Black Friday mega-sales. After all, the spirit of the holiday invites us to be grateful for

what we have and for the presence of our loved ones.

But it's important to look beyond just one day in November if you want your family to take part in your "abundance." If you want to ensure your financial resources eventually are shared in the way you envision, you will need to follow a detailed action plan, including these steps:

Identify your assets. If you haven't done so already, it's a good idea to take an inventory of all your financial assets – your retirement accounts (401(k) and IRA), other investments. life insurance, real estate, collectibles and other items. Once you know exactly what you have, you can determine how you would like these assets distributed among your loved ones.

Get professional help. To ensure your assets go to the right people, you will need to create some legal documents,

such as a will and a living trust. The depth and complexity of these instruments will depend a great deal on your individual circumstances. But in any case, you certainly will need to consult with a legal professional because estate planning is not a "do-it-yourself" endeavor. You may also need to work with a tax professional and your financial advisor, as taxes and investments are key components of the legacy you hope to leave.

Protect your financial independence. If your own financial resources were to become endangered, you clearly would have less to share with your loved ones, and if your financial independence were jeopardized, the result might be even worse - your adult children might be forced to use their own resources to help support you. Consequently, you will need to protect yourself, and your financial assets, in several ways. For one thing, you may want to work with your legal professional to create a power of attorney, which would enable someone – possibly a grown child – to make financial decisions for you, should you become incapacitated. Also, you may want to guard yourself against the devastating costs of long-term care, such as an extended nursing home stay. Medicare typically pays very little of these expenses, but a financial advisor may be able to suggest techniques or products that can help.

• Communicate your wishes. Once you have all your plans in place, you'll want to communicate them to your loved ones. By doing so, you'll be sparing your loved ones from unpleasant surprises when it's time to settle your estate. And, second, by making your plans and wishes known to

your family well in advance of when any action needs to be taken, you'll prepare your loved ones for the roles you wish them to assume, such as taking on power of attorney, serving as executor of your estate, and so on. And you'll also want to make sure your family is acquainted with the legal, tax and financial professionals you've chosen to help you with your estate plans.

Superior Interiors Doing It Right The First Time



∎t's sad but true – cutting corners by deciding not to work with a professional interior decorator can often cost you more time and money in the long run. Today, more and more homeowners are enlisting the

by Jeanie Tinch

Because custom designs are so popular, professional decorators know how to work with your budget, your lifestyle and your design vision in mind.

If you are considering using a decorator, there are some basic guidelines you should follow before your project actually begins:

Take a tour of your home with the decorator so you both can determine the size of the project.

Discuss your family's lifestyle with your

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Thanksgiving comes just once a year. Taking the steps described here can help ensure your family will share in your financial abundance as you intended.

This article was written by Edward Jones for use by your local Édward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@ edwardjones.com.☆

decorator. How do you want your house to feel? How do you entertain? Do you have kids and pets in your household?

It's wise to set a realistic timetable for completion, especially with a large project.

Establish your decorating priorities. Which rooms are the most important for you to complete?

Determining a budget and sharing it with your decorator is essential. If you have never decorated before, or have not done so in many years, they can easily give you guidelines to help you determine a budget. This will enable your decorator to find the custom products that best suit your needs.

Finally, let your decorator know at the beginning of your project if you have certain items that you want to keep and work around or have any other special requests.

Considering these basic guidelines will allow your decorator to work with you to design a project with your wishes, your lifestyle and your budget in mind, saving you from costly errors and resulting in a room you and your family will enjoy for years to come.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindecden.com.芬





Jonathan Price photo provided Marketing Firm Adds Producer

Jonathan Price has joined Priority Marketing in the role of social media and digital video producer. A digital storyteller, Price is responsible for video project development from conception to completion including idea and content origination, videography, scriptwriting, animation and post-production editing. Price will collaborate with a variety of Priority Marketing's creative departments, including social media, digital marketing, website and public relations to create



Neil Kagan

p

photo provided

Manufacturers Group Names Director

The Southwest Regional Manufacturers Association (SRMA) recently announced industry veteran Neil Kagan has accepted a position as executive director. Kagan has nearly 30 years experience in the field, 20 of those in the Southwest Florida market. Furthering economic development videos that are relevant for the clients' strategies and target audiences.

"Creating high-quality, short-content video is really driving engagement on social media, in digital ads and in media relations, and continues to be an area of focus and investment for our company and clients," said Teri Hansen, president of Priority Marketing. "Easy-to-digest, consumer-friendly and engaging content is at the core of marketing programs for many brands we work with, and Jonathan's talents will help us continue to enhance the ways we capture and tell our clients' stories, events and happenings."

Price joins Priority Marketing with a background in video production, having previously served as a creative arts director in an undergraduate study abroad program in Romania, where he supervised video and travel production and nonprofit marketing and advertising efforts for Crosstraining International, a Romanian Christian missionary group. In addition, Price held a variety of positions prior to joining Priority Marketing where he continued to build his video production skills, including his role as creative director and assistant youth pastor at Christ Church Assemblies of God in Fort Worth, Texas, where he also served as its live video and stage director and managed its digital media advertising. He received his bachelor's in biblical counseling from West Coast Bible College and Seminary.

For more information, visit www. prioritymarketing.com.

gains for manufacturers in the region and reinforcing a robust workforce are among his top priorities.

Starting with a degree in industrial engineering from California State College - Long Beach, Kagan has worked in capacities such as director of quality assurance and operations manager. In 2007, he joined the Manufacturing Extension Partnership and became an efficiency expert working with small, medium and large companies in a variety of industries. Kagan maintains expertise in process improvement and quality systems such as lean manufacturing and ISO 9001.

Kagan said, "I enjoy listening to the ideas and concerns of local manufacturers and look forward to strengthening the SRMA as a resource center to enhance regional conversation. Manufacturers are in an excellent position to thrive economically while attracting and retaining highly skilled, engaged employees who can also expect to be fairly well compensated. It's an exciting time."

The SRMA will provide ongoing informational workshops, seminars and other activities to increase the engagement of its members and enhance the benefits they receive from the organization. An abiding principle of the SRMA is that manufacturing sector success will result in a more vibrant, diversified economy for Southwest Florida.

For any questions or comments, or to get involved, contact Neil Kagan at 560-0052.%



Emily Golden

Marketing Firm Promotions

Priority Marketing recently promoted three team members: Emily Golden, Sarah Hoogerhyde and Lumary Velazquez.

Golden has been promoted to public relations manager, where she is responsible for managing strategic media relations services and supporting publicity strategies, campaigns and events for a variety of clients. Hoogerhyde and Velazquez have been promoted to account managers, where they will provide account services to a variety of clients, working with the firm's creative and digital teams to develop strategies to achieve their marketing goals.

Golden has been a member of the Priority Marketing team for nearly three years, joining as an intern and climbing the ranks to public relations coordinator and then public relations specialist before taking on her current role. Both Hoogerhyde and Velazquez joined Priority Marketing in 2015 as marketing coordinators.

For more information, call 267-2638

Law School Graduate

egan Strayhorn recently graduated law school and has been admitted to the Florida Bar. Strayhorn graduated from Bishop Verot High School, attended the University of Alabama in Tuscaloosa, Alabama and graduated with a bachelor's degree in Global Studies from Warren Wilson College in West Asheville, North Carolina. She received her law degree from Ave Maria School of Law.

Strayhorn continues a tradition, founded by her great, great grandfather, Guy M. Strayhorn, who began practicing law in the City of Fort Myers in 1916 and followed by her grandfather Norwood R. Strayhorn and father E. Bruce Strayhorn. Shen has joined the Public Defender's office, Twentieth Judicial Circuit.



photos provided Lumary Velazquez



Sarah Hoogerhyde

or visit www.prioritymarketing.com. Also, follow Priority Marketing online at twitter. com/prioritymktg or on Facebook. For recent news and marketing insights, visit the blog www.prioritymarketing.com/ our-blog.XX



Megan Strayhorn

photo provided

Jennifer Siegal-Miller

photo provided Naples Attorney Joins Law Firm

ttorney Jennifer Siegal-Miller has joined Henderson, Franklin, Starnes & Holt, PA's Divorce, Marital and Family Law Division. Siegal-Miller has spent her entire career focusing on families. She

advocates and guides her clients through the family law process, including dissolution of marriage (divorce), adoption, paternity, child support and spousal support enforcement. Prior to joining Henderson Franklin, Siegal-Miller practiced in Naples and New York, New York. In New York, she worked with a boutique Manhattan firm representing foster care agencies and adoptive families in private and state-subsidized adoptions.

Siegal-Miller is active in the Naples community. She is a New Parent Ambassador at the Community School of Naples and is a member of the Mitzvah Day Committee and Preschool Advisory Committee at Temple Shalom in Naples. Siegal-Miller does volunteer work with her husband, Adam, and three boys for Meals of Hope and for Jewish Family and Community Services, where she previously served on the board of directors.

Siegal-Miller received her undergraduate degree from the University of Texas at Austin (BA, 1996) and her JD degree from the University of Denver, College of Law (2000). She is admitted to practice in Florida, Massachusetts, Washington, DC and New York. Siegal-Miller may be reached at 344-1386 or by email at jennifer.siegal-miller@henlaw.com.

For more information on Siegal-Miller or Henderson Franklin, visit www.henlaw.com.举



Lvdia Black photo provided **Giving Council** Meeting On Arts

he Planned Giving Council of Lee County, Inc. will present The Economic Impact of Non-profit Cultural Organizations at Blue Coyote Business & Social Club on Wednesday, December 13. Networking begins at 11:30 a.m. with lunch and program to

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follow. Meeting participants will learn how the arts are an investment that delivers both community well-being and economic vitality.

Guest speaker Lydia Antunes Black, CEO/executive director at Lee County Alliance for the Arts in Fort Myers and a self-described "nonprofit junkie," believes the arts are essential to the quality of life and economic prosperity. Black received a master's degree in nonprofit management and undergraduate degrees in political science and communications. She is an active community volunteer, serves as a board director to community concerts and is a member of Rotary Club of Fort Myers.

The luncheon is free to members. Cost for non-members is \$30 and includes lunch. Reservation deadline is Friday, December 8 at noon. To RSVP go to www.plannedgivinglee.org.

According to a recent economic impact study released by the Alliance for the Arts, the arts generate \$140.1 million in annual economic activity in Lee County, supporting 3,875 full-time equivalent jobs and generating \$18.8 million in local and state government revenues.

The meeting is sponsored by Catholic Charities, Diocese of Venice.

Blue Coyote Business & Social Club is located at 9854 Caloosa Yacht and Racquet Club Drive in Fort Myers. For more information, visit www. plannedgivinglee.org or call 850-0040.☆

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Teri Hansen, President & Creative Director, Priority Marketing



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The Late Show

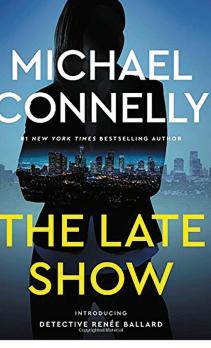
by Di Saggau



he other day my brother asked me what authors I like. I replied "Do you have an hour? There are so many good authors and today I'm talking about one, Michael Connelly. I met

him in 2002 at a book fair in Sarasota promoting Chasing The Dime. He is known for his Harry Bosch and Mickey Haller series. His novel The Late Show features a fascinating new lead character, Renee Ballard, a fierce young detective fighting to prove herself on the LAPD's toughest beat. She is stuck working a terrible shift because she filed a couple of sexual harassment charges against her former boss.

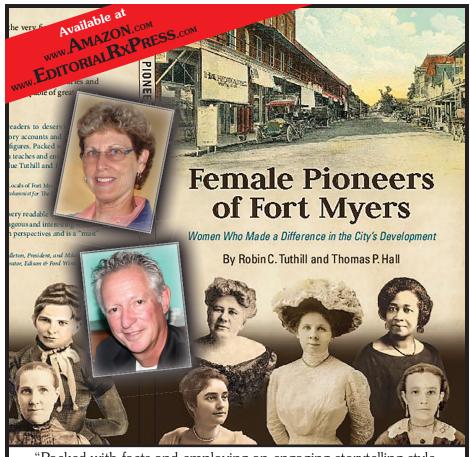
Aside from being angry with her old partner because he didn't have her back, Renee and her new partner, Jenkins, have been told to turn everything they discover over to the day shift crew. Renee rebels and goes forward pursuing both of her new cases. The first involves a transexual woman who was found nearly beaten to death, and the second involves a mass shooting at a club called The Dancers that killed five victims, including a young waitress who appears to be



collateral damage.

Renee finds more reasons to dispute this claim but her superiors don't believe her. She doesn't exactly have a home. She often pitches a tent at the beach, changing clothes in her van, and hitting the waves on her paddleboard to forget what has happened the night before. Only in the water does she find peace. Her best friends are her beloved dog, Lola, and a grandmother she rarely sees.

By the end of the book the reader



"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.³ Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now gets to the bottom of every aspect of all the crimes. Renee is smart, strong and capable and a terrific new lead character. She deserves a series all her own, and it's pretty obvious that's what Connelly has in mind. The Washington

School Smart



Shelley, Our daughter is a senior in high school, and we are in the middle of the admissions application process. She has

ear

some mental health issues, and we are not sure if how we should look at colleges. What are some things we need to consider?

Tammy K., Fort Myers

Tammy, Because mental illnesses can fall under the Americans with Disabilities Act, campus disability services professionals may be your most helpful source of information when considering a college or preparing to send your child to a school.

The designated person who coordinates the college's compliance may have a variety of different titles, such as the section 504 coordinator, ADA coordinator, or disability services coordinator. When talking with these professionals, you don't need to disclose any personal information. That will be your daughter's choice as this process evolves. Here are some key questions to ask:

• What types of academic and social support structures are in place for students with disabilities, such as tutoring, academic and peer advising, education coaching, student activities and career services?

• Under what circumstances will the college notify a parent regarding a child's mental health?

• What happens when a parent contacts the college with concerns regarding a child?

• What is the school's medical leave

Cypress Lake High To Host Special Olympics Day

ypress Lake High School will host the 13th annual Lee County Special Olympics High School Field Day on Friday, December 8 in the Thomas Broomhead Memorial Stadium located at 6750 Panther Lane in Fort Myers. Opening ceremonies will begin at 9:45 a.m.

Designed to increase positive interaction between exceptional and traditional students, this event is part of the Be a Buddy program at the school,

Post says, "Propulsive as a jolt of adrenaline and featuring a bold and defiant new heroine, The Late Show is yet more proof that Michael Connelly is "a master of the genre." I anxiously await the next Renee Ballard novel.

of absence and re-entry policy? • What is the code of conduct, including under-age (and not under-age) alcohol and other drug use policies?

• What is the policy on self-harm and other high-risk behaviors?

If your child was previously aided by the Individuals with Disabilities Education Act (IDEA) for high school students, familiarize yourself with the differences for college students. If your child does not disclose, the college has no obligation to suggest accommodations.

In accordance with section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act, almost all colleges and universities, must legally provide your child with reasonable accommodations (such as being allowed more time to take a test, or to record lectures), if your child has a mental illness that meets certain criteria under the law.

Make sure to explore these measures in advance, as what a college or university determines as reasonable may vary greatly. Here's a great resource for you, Advising High School Students with Disabilities on Postsecondary Options. This resource contains answers to counselors' most frequently asked questions about postsecondary opportunities for students with disabilities. Students and their families are encouraged to use the toolkit to help guide their transition planning for college and career. It has been vetted by the U.S. Department of Education. Find it at www.heath.gwu.edu/

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.☆

an initiative that allows traditional and exceptional students to partner together to participate in scholastic and extracurricular experiences. Through participation in fun athletic events with their peers, exceptional students are able to form a circle of lifelong friends that will help support them in social settings.

Students from 14 local high schools will participate. More than 1,600 people are involved including student athletes, student peers, adult/parent volunteers and high school alumni. The program is supported by more than 50 local businesses that volunteer their time and help supply lunch and snacks for all participants.

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FGCU Player On Trial With Dutch National Club

Norida Gulf Coast Dutch Lions FC defender Monique Elliot will travel to the Netherlands on Friday, December 1 to trial with Dutch Premier League club ADO Den Haag. She will train with the team for a week. The team is currently in third place in the Dutch Premier League. In 2012, they won the Dutch National Championship. They also won the Dutch CUP twice.

During the 2017 inaugural season with the women's youth academy team, Elliot recorded three assists. She was also awarded *News-Press* All Area First Team 2010 to 2013 during her high school career and MVP in 2013 and 2017 during her college career.

Director of Soccer Operations and Head Coach Vincent de Weger is very pleased with the opportunity given to Elliot. "Monique traveling to Europe and train with a Premier League club is exactly what makes the Dutch Lions FC different than other clubs in the region," he said. "The Dutch Lions FC clubs provide a 'gateway to professional soccer,' and we hope that Monique is the first of many local players that will get this chance through our academy and women's team. I am sure she will not only enjoy this opportunity but also

Red Sox Spring Training Tickets On Sale

ickets for the Boston Red Sox 2018 Spring Training season will be available for purchase on Saturday, December 2. Spring training begins February 14 at JetBlue Park at Fenway South with games starting February 22. The team will play a total of 17 home games, including 15 Grapefruit League games and the traditional college doubleheader of seven-inning games against the Northeastern University Huskies and the Boston College Eagles.

Fans can purchase tickets for all home games at JetBlue Park or by visiting www.redsox.com. Fans needing ADA accessible seating or those who may not have a computer may call



Monique Elliot

learn a lot in a short time, and we wish her all the best"

President Mike Mossel is also thrilled "This is exactly what we set out to accomplish when we started the Florida Gulf Coast Dutch Lions FC two years ago – give local players a chance to become professional, either in the USA or in Europe. Our partner ADO Den Haag is a very well-respected club in the Netherlands and, hopefully, Monique is the first of many players that we can provide this opportunity."

877-REDSOX9. Hearing impaired fans may call the Red Sox TTY line at (617) 226-6644. Mastercard is the preferred payment of the Boston Red Sox.

Pitchers and catchers hold their first workout February 14. The first full squad workout will take place February 19. Workouts are free and open to the public.

The club will once again hold an Open House at JetBlue Park on Saturday, February 17 from 11 a.m. to 3 p.m. The free event, open to the public, welcomes fans to walk around the park and the grounds while enjoying concessions and entertainment on Fenway South Drive.

The Red Sox' equipment truck will depart from Fenway Park on February 5. Truck Day is presented by JetBlue.

The 2018 season is the Red Sox' seventh at JetBlue Park at Fenway South.举

Hope Hospice Tree Of Lights

ope Hospice's Tree of Lights tradition offers a way to commemorate loved ones while providing essential funds for those in need of hospice care and bereavement support.

In each Hope Hospice House, a Tree of Lights will be adorned with white paper butterflies designated "in honor of" or "in memory of" a loved one by \$25 donors. Along with having a butterfly placed on the tree of their choice, \$50 donors will also receive

a keepsake metal ornament engraved with the Hope Hospice logo.

In addition, with a gift of \$250, a dedication stone will be engraved with the donor's personal message and placed in one of Hope's Tribute Gardens.

To learn more or make a donation, visit https://donate.hopehcs.org/ treeoflights.

Hope Hospice is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.hopehcs.org.☆

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Nation's Premier Boys' High School Basketball Tournament Set To Return



by Ed Frank

Many of the top high school basketball players in the country will showcase their talents here when the 45th annual Culligan City of Palms Classic returns Monday, December 18 for a six-day, 26-team run at the Suncoast Credit Union Arena on the campus of SouthWestern State College. Teams as far away as California, Wisconsin and New Jersey will compete in what has become the nation's premier boys' high school basketball tournament.

Here is just a sampling of some of the top teams that will be here: Mater Dei of Santa Ana, California, a four-time state champion; Hudson Catholic of Jersey City, New Jersey, the

state's non-public runner-up; Memphis East of Memphis, Tennessee, two-time defending Class AAA state champion; and Chicago Simeon, seven-time state champion.

A local favorite to compete is Fort Myers Canterbury School.

At the time of this writing, 10 of the top boys' high school players were scheduled to play in this traditional holiday classic, including ESPN's No. 4 player Bol Bol of Mater Dei; No. 14 Nassir Little of Orlando Christian Prep; and No. 20 Emmitt Williams of Orlando Oak Ridge.

The long history of this tournament is indeed impressive. Since 1989, 146 of the participants have been named McDonald's All-Americans and 116 have been drafted by teams in the National Basketball Association, including 71 first-round picks.



A previous Teddy Bear Toss collected hundreds of stuffed toys

Teddy Bear Toss To Benefit Children's Hospital

beriabank, a 130-year-old subsidiary of Iberiabank Corporation, has partnered with the Germain Arena and the Florida Everblades for an photo courtesy Al Larson

eighth year as the title sponsor of the annual Teddy Bear Toss on Saturday, December 9. The puck will drop at 7 p.m. as the Florida Everblades take on the Jacksonville Icemen.

Fans are asked to bring a new, unwrapped stuffed toy or teddy bear to the game to toss onto the ice following the Everblades' first goal. All stuffed toys will be delivered to the Golisano Children's Hospital of Southwest Florida There are a variety of six-day ticket packages available by calling the box office at 1-800-440-7469 or 481-4849.

Last year's tournament was the first in the new Suncoast Credit Union Arena. A new contract has been signed for an additional five years in the facility.

Red Sox Spring Training Tickets On Sale Saturday Boston Red Sox 2018 Spring Training Tickets will go on sale this Saturday at

JetBlue Park beginning at 10 a.m. The 15-game Grapefruit League home schedule includes four games against the neighboring Minnesota Twins, a March 3 game with the New York Yankees and the concluding Spring Training game with the World Champion Houston Astros.

The team's annual exhibition doubleheader with Northeastern University and Boston College will be held February 22.

The complete Grapefruit League home schedule is as follows: February 23, Minnesota Twins – 1:05 p.m. February 24, Tampa Bay Rays – 1:05 p.m. February 25, Baltimore Orioles – 1:05 p.m. February 27, St. Louis Cardinals – 1:05 p.m. February 28, Pittsburgh Pirates – 1:05 p.m. March 3, New York Yankees – 1:05 p.m. March 7, Minnesota Twins – 1:05 p.m. March 7, Minnesota Twins – 1:05 p.m. March 11, Baltimore Orioles – 1:05 p.m. March 15, Toronto Blue Jays – 1:05 p.m. March 16, Minnesota Twins – 6:05 p.m. March 17, Tampa Bay Rays – 1:05 p.m. March 19, Philadelphia Phillies – 1:05 p.m. March 20, Pittsburgh Pirates – 1:05 p.m. March 20, Pittsburgh Pirates – 1:05 p.m.

and other local charities.

In the weeks leading up to the game, Iberiabank is holding a Teddy Bear Toss Ticket Contest at each of the bank's Collier and Lee County branch locations and online. Iberiabank will give away a total of 60 tickets to the December 9 game. Each winner will receive four tickets, and there will be a total of 15 winners. U.S. legal residents ages 18 or older may enter by completing a contest form at one of the 14 Southwest Florida branch locations as well as at www. iberiabank.com/teddybeartoss2017 before December 4. One entry per person per branch. One online entry per person. For more information about the contest, visit www.iberiabank. com/teddybeartoss2017. Tickets for the Teddy Bear Toss game may be purchased by visiting the box office at Germain Arena, calling 948-7825 or online at www.ticketmaster.com.

Germain Arena is located at 11000 Everblades Parkway in Estero.☆

SPORTS QUIZ

- 1. In 2016, Baltimore's Manny Machado became the second player in major-league history to homer in each of the first three innings of a game. Who did it first?
- 2. Who was the first pitcher to win an All-Star Game in both leagues?
- 3. Matt Ryan set an Åtlanta Falcons team record in 2016 by throwing for 503 yards in a game. Who had held the mark?
- 4. The Oregon men's basketball team in 2017 swept its Bay Area Pac-12 rivals for only the second time since 1976. Who are the two rivals?
- 5. When was Pittsburgh's Sidney Crosby's last Stanley Cup Finals goal scored before 2017?
- 6. Name the first husband-and-wife soccer couple to tally goals for the U.S. national team.
- 7. When was the last time before 2017 that the U.S. won the world men's freestyle wrestling team title?

ANSWERS

1. Carl Reynolds of the Chicago White Sox in 1930. 2. Vida Blue won for the A.L. in 1971 and the N.L. in 1981. 3. Ryan, with 443 yards passing in a game in 2014. 4. California and Stanford. 5. It was N.L. in 1981. 3. Ryan, with 443 yards passing in a game in 2014. 4. California and Stanford. 5. It was Game Four versus Detroit in 2009. 6. Dom Dwyer and Sydney Leroux. 7. It was 1995.

Celebrating 10 Years April 2018



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Kickoff For Wine & Food Fest





Elaine Hawkins and Brooke Denson

photos provided Scott and Jenny Kashman

SWFL Children's Charities, Inc. recently hosted a kick-off event at Quail West Golf and Country Club in Naples in anticipation of the 2018 Southwest Florida Wine & Food Fest. The kickoff brought trustees, sponsors and supporters together to begin another season of spirited philanthropy. This year marks the 10th anniversary of the premier fundraising event, which is dedicated to supporting pediatric health care and scholarships for local students majoring in health sciences. The two-day Southwest Florida Wine & Food Fest will take place March 2 and 3 at Quail West Golf and Country Club.**



Lou Traina and Susan McGrogan



From left, Jessica Wells, Erin Landon and Mary Van Pragg



From left, Greg Toth, Chris and Pam Simoneau and Charles Winton



From left, Elaine Hawkins, Doug Meurer, Karen and Gary Tasman



From left, Tim Youngquist and Sandy Stilwell Youngquist, Patti Byers and Jesse Larsen



From left, Dr. Larry Antonucci, Norman and Mary Love, and Becky Antonucci



From left, Susan Nasworthy of Edison National Bank, Abdul'Haq Muhammed and Robbie Roepstorff, president of Edison National Bank photo provided

Center's Capital Campaign Moving Forward

The Quality Life Center, known to many in the Dunbar community as The Q, is making advances in its \$1.5 million campaign to fund its building expansion, staffing and other expenses.

The center's existing building, at the corner of Martin Luther King Jr. Boulevard and Ford Street in the heart of Dunbar, was once a rundown nightclub and drug den. Today, it is the hub for The Q's diverse youth programs. Founded in 1990 when it served only eight children, The Q now provides 300 children with early learning, after school, teen leadership and summer camp programs.

"The physical transformation of our facilities has been the catalyst for community renewal," said Quality Life Center Founder and Executive Director Abdul'Haq Muhammed. "This new fundraising campaign will take our mission and impact even further." The current \$1.5 million capital campaign will fund the expansion of The Q's 17,000-square-foot center. The raised funds will increase the number of at-risk youth who can be served, and introduce new nutrition and job training programs.

The Elizabeth K. Galeana Foundation jump-started the campaign by making an initial \$500,000 donation. In addition, the foundation has also issued a challenge grant to the greater Southwest Florida community. It will match new gifts dollar for dollar up to a second \$500,000 commitment. If the challenge is met, the campaign will be fully funded.

"When we heard about the good work being done at The Q, and the extraordinary support being offered by the Galeana Foundation, we knew our bank needed to get involved," said Edison National Bank President Robbie Roepstorff. "We are humbled to make a \$10,000 matching gift, and hope others in our community will step up to match the Galeana challenge."

To make a matching donation or learn more about the project, visit www. qualitylifecenter.org or call 333-2100.*

Christy's Cause For Male Victims Of Sex Trafficking

hristy's Cause, a non-profit working to eradicate child sex trafficking through education, public awareness, restoration projects, and justice initiatives, recently announced the release of a new public service announcement (PSA) to bring awareness to and open dialogue about minor male victims of sex trafficking in Southwest Florida. The PSA will direct viewers to The National Human Trafficking Hotline and The Florida Department of Children and Families Abuse Hotline to report suspected child sex trafficking.

John's Story is based on the experiences of Laurie Sammons, a nationally-known educator, author and speaker, who knew John, a young man who had been sexually abused from age 4 to 16. John's Story is a 60-second PSA told through the voice of "John" that recounts his harrowing journey through sexual abuse and trafficking. The project also includes a 4-minute behind-the-scenes interview with Sammons.

The U.S. Department of State recently stated that, "Too often men and boys go unidentified and remain in perilous situations, and when they do escape trafficking situations, there are a lack of programs established to assist male victims. Less than 1 percent of human trafficking victims are never identified." Christy's Cause wants to shed a light on this situation and open up a conversation in Southwest Florida in hopes of creating an environment where male victims can reach out for help.

The PSA and behind the scenes video will be available at www. christyscause.com, YouTube and social media networks targeting a younger audience. The PSA was created by Old Sparky Productions. Christy's Cause is currently seeking partners to share the



Christy Ivie

photo provided

announcement. To report information or suspicious activity call The National Human Trafficking Hotline at 1-888-373-7888 or text "info" or "help" to 233733. The toll-free hotline is available to answer calls from anywhere in the country, 24 hours a day, 7 days a week, every day of the year in more than 200 languages.

The Florida Department of Children and Families Abuse Hotline is available to professionally mandated reporters, as well as the general public, as an additional avenue to report suspected cases of abuse, neglect, abandonment, or exploitation of children or vulnerable adults. Call 1-800-96-ABUSE, TTY 1-800-453-5145, and fax at 1-800-914-0004 or online at www.myflfamilies. com/service-programs/abuse-hotline/ report-online.

For more information about Christy's Cause, visit www.ChristysCause.com, email info@christyscause.com or follow Christy's Cause on Facebook, Twitter or Instagram.⁴

Community Foundation Annual Report

The Southwest Florida Community Foundation released its 2016-2017 Annual Report online at www. floridacommunity.com/annual-report.

Since its inception 41 years ago, the community foundation has distributed more than \$71 million in direct support to the community.

Last year, the foundation granted a record \$4.3 million through endowed funds, scholarships, community impact grants and other donor-funded sources. It also provided \$750,000 in resources to the community through initiatives, programs and other services bringing the total investment in the region to

\$5.4 million.

"Through the generosity, guidance and hard work of our donors, board and nonprofit partners, amazing things happen in our community," said Sarah Owen, president & CEO of the Southwest Florida Community Foundation. "The theme of the annual report says it all, We've Got Your Back, Southwest Florida, which reflects the Foundation's partnerships to help create change in our region."

Highlights from the past year include:

Awarding \$800,000 in scholarships to help 150 students,

Surpassing \$100 million in assets including the establishment of the first endowed fund created by living donors for \$5 million to support the work of the Foundation in the new Collaboratory & Tech Hub.

Granting more money to nonprofits

to help them create change in the region. More than \$4.3 million and a total of 745 of grants were funded through donor-advised funds, specialty funds including the Women's Legacy Fund of SWFL, LGBT Fund of SWFL, Bonita Springs Community Fund and the Fund for the Environment of SWFL, Field of Interest Funds, Nonprofit Agency Funds, Donor Designated Agency Funds and Scholarship Funds.

Serving as the backbone of the FutureMakers Coalition that exceeded the goal of the number of students filling out the Free Application for Financial Student Aid (FAFSA); increased the number of nonprofits experimenting with new innovative programs resulting in 29 percent more FutureMakers Coalition projects; decreased the number of Certified Nursing Assistant (CNA) openings in businesses in the region by 72 percent in persistent openings and adding additional partners stepping up with support for the coalition to nearly \$250,000.

The foundation invested in sustainable improvements to the community including a \$10 million New Market Tax Credit deal closed for the Collaboratory and the foundation's new home; State and local disasters with funds were established for Pulse Nightclub, Together Fort Myers Fund -Club Blu shooting, Wildfire Relief Fund, Lee County/Bonita Springs Floods Fund and Hurricane Irma Relief Fund; established the Land of Opportunity Fund focused on immigration legal services; partnered on collective leadership projects for Affordable Housing and Children's Behavorial Health; and connected donors to help support the United Way 211 line for veterans.举

Beautifulife: Quality Vs. Quantity



by Kay Casperson This week I would like to

remind you how important it is that in all areas of your life you strive for quality over quantity. So often we forget that it is not about how

many friends we have but about the few good ones that really make a difference in our lives and end up being the lasting friendships. It is not about how many things we can acquire but the precious things that we have that mean something to us for years to come. It is better to get a few items crossed off your to do list that make a difference rather than to tackle all of it at once.

Focus on taking a few good quality photos rather than try to take pictures all of the time, missing out on just enjoying the moment. When sharing things on social media, it is important to share quality things that speak volumes for your life and will send a positive feeling and message to others. Take the time to think about what your are sharing and posting before you do so it is truly representing what you want people to grasp from the moment. Not only will this keep people engaged, but also inspired.

How about at work? Do you try to get as many things done as possible in a day or are you focusing on the important items and doing a great job for the best

Climate Survey

Tf Lee County business executives

Executive Business Climate Survey

published by the Horizon Council

and Florida Gulf Coast University.

Florida promote the success of its

one responded with "very well."

region's entrepreneurial culture,"

Institute in the Lutgert College of

Business. "Either respondents were

not aware of the public and private

5, how important do you believe

been sufficient.

investments in this culture over the past

When asked on a scale of 1 through

10 years, or they thought they haven't

creating an entrepreneurial community

in Southwest Florida is to the future

When asked how well does Southwest

young, start-up companies, 57 percent responded "average," and 17 percent responded "poor" or "very poor." While 26 percent responded with "well," no

"It's a pretty grim verdict on the

said Christopher Westley, director of

FGCU's Regional Economic Research

were to grade Southwest Florida's

entrepreneurial culture, they would give

Such was part of the results of the

Business

it a "C.

results even if it is finishing just a few? Sometimes you need to take a step back to see what projects might need to be put aside or delegated in order to put out better quality work results.

In our homes, we should be aware of what things matter in terms of quality, from the food we buy for ourselves and our families to the linens we put on our beds. Remember, your home is your castle and your body is your temple so concentrate on a few quality things instead of filling it with clutter and items that may not mean a whole lot to you or be beneficial in the long run.

I try to teach my children, which is not always easy for them to understand, that instead of wanting to shop for clothes and things all the time, focus on getting a few quality items that are timeless and can stay around longer than just a season. This is not an easy task having girls who like to shop, but it is an important lesson to learn in life.

This week I would love for you to make a special effort to look at the relationships you have, the things you have acquired and the tasks you take on from week to week to make sure that your beautiful life is full of quality.

My affirmation for you this week is: "I am focusing on less not more and the quality vs. quantity of my relationships, work, play, home and life."

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel

and Captiva Islands and in Disney. Casperson has lived on Sanibel and Captiva Islands for many years with her husband and two daughters and enjoys her beautifulife everyday. For more information, visit www.kaycasperson. com or follow her on social media @ kaycasperson.*

economy of our region, 44 percent of business executives gave a rating of "5," and 36 percent provided a rating of "4."

The respondents also considered housing costs, the availability of high paying jobs and a vibrant entrepreneurial culture as important factors in causing local college graduates to remain in Lee County after graduation.

The Executive Business Climate Index for Lee County rose one index point to 68. Despite the increase, the index has remained near the same level since the first quarter of 2017. The fourth quarter 2017 measure significantly exceeded last year's measure of 63.

"That the index rose slightly from a survey conducted just a few weeks after Hurricane Irma blew through here is significant," Westley said. "Business people appear cautiously optimistic heading into season."

The index results from calculations made to survey responses of Lee County business executives and is measured on a scale of 0 to 100. The full report is available on FGCU's Regional Economic Research Institute website at www2.fgcu.edu/CoB/Reri/ files/bcs2017q4.pdf.

For details, contact Chris Westley at 590-7090 or cwestley@fgcu.edu.☆



New administrative offices of Physicians' Primary Care of Southwest Florida photo provided

New Offices For Primary Care Administration

Physicians' Primary Care of Southwest Florida has moved its administrative services to new, larger offices.

The administrative space will occupy two floors of a multi-story building at 12730 New Brittany Boulevard in Fort Myers. The phone number will continue to be 275-5522. The new 16,000-square-foot office houses 50 employees in administration, accounting, billing, human resources and medical records. No clinical services will be offered at this location.

Physicians' Primary Care of Southwest Florida, a physician-owned and operated medical practice, was formed in 1996 by many long practicing local physicians and has grown to become the largest physicianowned multi-specialty practice in Southwest Florida.

For more information, visit www. ppcswfl.com.☆



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You Will Never Look At Pumpkin Pie The Same Way



by Suzy Cohen, RPh

Pear Readers: The other day I was eating a banana and decided to dip it in some fresh pumpkin butter that I had bought. At no other time of year would this "pumpkin" thoughtseed ever float

through my head. With the holiday season upon us, and pumpkin pie everywhere, allow me to share what I know about these medicinal and delicious spices. You'll never look at pumpkin pie the same way again after reading this. Here's how they heal you:

Cinnamon – Cinnamon is thought to aid in regulating blood sugar in people with hyperglycemia, pre-diabetes and diabetes. It works by blocking digestive enzymes such as alpha-glucosidase, sucrose and pancreatic amylase that blunts the amount of sugar released into your bloodstream. Cinnamon also contains MHCP (MethylHydroxyChalcone Polymer) which acts similar to your own insulin by shuttling sugar out of your bloodstream and into your cell.

Clove – We call it "clove" because none of us want to call it by it's botanical name: Syzygium aromaticum. If you love Chai Tea, or Masala Chai, you obviously like the taste of cloves because this is an integral part of chai recipes. If you have dental pain, you can put a drop of clove essential oil in water and have sips. You can put some clove essential oil onto a cotton swab and dab your achy tooth. Aside from toothaches and gum problems, clove can help with many respiratory diseases, Candida, headaches and throat infections. Some men report that it improves their libido which makes sense because clove is known to enhance testosterone, at least in animal studies.

Nutmeg – Feeling blue around the holidays? Nutmeg is your antidepressant spice and can be sprinkled on coffee, hot chocolate, pumpkin pie and sweet potato dishes. Nutmeg extract was given to mice for three days, and it reduced signs of depression. The researchers concluded it was so profound, it was virtually comparable to shots of antidepressant drugs, namely imipramine (Tofranil) and fluoxetine (Prozac). Another interesting little-known fact is that nutmeg can help mice with lung inflammation and asthma symptoms due to its high content of another compound called macelignan.

You know how you have been trained to breathe in relaxing aromas of lavender in order to sleep at night? Well, inhaling nutmeg scent is actually better. According to a study in *The International Journal of Molecular Science*, "Nutmeg oil afforded a greater inhibitory effect than did lavender oil." The reason it works is because nutmeg is a CNS (central nervous system) tonic that contains a potent anxiolytic called 4-terpineol. It increases activity of GABA in your body and dampens down glutamate.

I need to caution those of you in the benzo community who are still struggling to recover. If you are in PAWS (Post Acute Withdrawal Syndrome), then avoid nutmeg until your receptors upregulate and heal. They will do that if you hold on, and please hold on! The topic of benzo and PAWS is covered in some of my other articles on my website.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www. SuzyCohen.com.🛠

OBGYN Offices Gain Approval

wo Fort Myers Lee Community Healthcare Obstetrics and Gynecology offices have been approved to operate as federally qualified health center (FQHC) look-alikes. Experienced physicians and advanced providers, including midwives, offer comprehensive gynecological services from annual exams and family planning to menopause management, and obstetrics from prenatal care to post-delivery. The two offices, located at 4040 Palm Beach Boulevard suite F and 16271 Bass Road, will provide expert medical care and social services to the uninsured and underinsured in the community, and will continue to serve existing and new patients who are fully insured.

"This special federal designation allows for larger discounts on costly medications, better coverage of costs for most patients, and the opportunity to provide access to care utilizing the patient-centered medical home model," explained Bob Johns, executive director, Lee Community Healthcare. "We are pleased to add obstetrics and gynecology to the primary care services provided by Lee Community Healthcare."

Lee Community Healthcare Obstetrics and Gynecology services will not receive federal grant funding to help pay for patient care. However, patients who are uninsured or underinsured, will be eligible for significantly discounted services based on a sliding fee scale.

Adults without health insurance or a regular primary care medical home have been shown to use the emergency department (ED) and hospital services at higher rates than privately insured persons. They are often less able to comply with medical treatment due to non-medical factors such as transportation, food and other financial issues. The Lee Community Healthcare initiative seeks to address all of these problems through its unique service integration model, providing both health care and social services.

"Based on household size and income, patients can qualify for discounts. Increasing access to primary health care services for the uninsured and underserved people of Lee County helps to improve their overall health, reduces inappropriate ED visits and establishes a primary care medical home for a patient's long-term care," explained Johns.**

Doctor and Dietician



by Ross Hauser, MD and Marion Hauser, MS, RD

We often hear that olive oil is good for us, but in what ways? Olives and olive oil contain components that have anti-inflammatory and antioxidant effects, which decrease the incidence of some diseases. These constituents of olives protect bone health and help with bone repair. Olive oil has been shown to allay osteoarthritic symptoms, and may even slow down the degenerative aspects of osteoarthritis by preventing cartilage damage. Olive extract possesses potent bone-protecting qualities, and eating olives or olive oil on a daily basis can slow down the decline of bone mineral density.

A Japanese study in the Journal of Clinical Biochemistry and Nutrition analyzed middle-aged and elderly participants with knee pain who also

Parkinson's Screening Session

ee Health is holding a community resource and functional screening session for people who have been diagnosed with Parkinson's Disease at the Healthy Life Center in the Coconut Point Mall on Saturday, December 2 between 9 a.m. and 1 p.m.

"The Parkinson's Clinic gives a person with Parkinson's and their loved ones the opportunity to discuss concerns related to changes in function," said Nathalie Grondin, physical therapist and coordinator of the Lee Health Parkinson's Functional Screening Clinic. All participants are screened by licensed therapists trained to detect physical deficits which may benefit from therapy intervention. Participants are also provided with a list of available resources including seminars, group exercise classes and support group meetings throughout Lee County.

Each participant can expect to visit with a physical therapist to address mobility concerns, an occupational therapist to address self-care activities and home management, as well as a speech language pathologist to discuss communication and swallowing concerns. Resources related to education, support group, exercise group and identification of individualized therapy needs will be provided and a report of recommendations will be sent to your health care professional of choice.

Healthy Life Center in the Coconut Point Mall is located near Dillards on the supplemented with an olive extract. The participants experienced amelioration in joint pain, weight loss and improvement in locomotion. In this particular study, the researchers concluded that the improvements in joint function resulted from the ability of the olive extract to reduce muscle mass loss.

Olives, olive oil and its constituents have great potential as a dietary intervention to help prevent osteoarthritis among the elderly. Osteoarthritis destroys cartilage, ravages joints and decreases joint function and mobility. The addition of this simple dietary option can be combined with physical activity to give a greater boost to slowing the progression of osteoarthritis, and to help decrease the risks that come with loss of mobility in aging. Incorporate more olive oil in your diet by making your own salad dressing instead of pre-made bottled dressings, try homemade pesto tossed with pasta or over meat, or make dips and marinades for vegetables. Choose extra-virgin olive oil (EVOŎ) when possible, since it is unrefined, and not treated with chemicals or altered by temperature. Olive oil is a fat and, therefore, high in calories and should be consumed in moderation.

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical. com.☆

south side of the mall at 23190 Fashion Drive, suite 105 in Estero.

Appointment times are limited. For more information and to register, call 343-4960.³

New Program For Hope Healthcare

Hope Healthcare introduced a new program designed for those who would benefit from hospice care, but are not ready to forgo treatment for their terminal condition.

Hope Choices, a Medicare Care Choices Model, offers select hospice support services at no cost while allowing people to continue receiving curative treatments from their existing physician for cancer, congestive heart failure, chronic obstructive pulmonary disease or human immunodeficiency virus.

"Hope Choices combines the comforting care of hospice with curative care," said Samira K. Beckwith, Hope Healthcare president and CEO. "We're grateful to be part of this model program that allows us to expand our services by supporting patients and families living with the challenges of serious illness."

Hope Choices offers a personalized, comprehensive assessment and plan of care and care coordination, nursing care, in-home respite care, aide and homemaker assistance, and counseling and family support, in addition to other services. The program provides symptom management and support through a combination of inperson visits and 24/7 telephone access. To learn more about Hope Choices, call 482-4673 or visit www.HopeHCS.org.**

THE



Crisp Autumn Salad



Crisp Autumn Salad

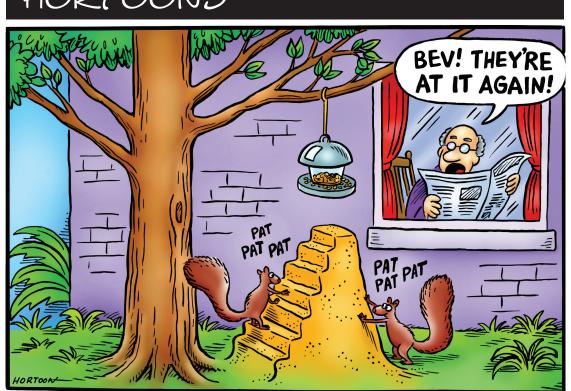
- 1 large cucumber, peeled, seeded, and cut into ¹/₄-inch diced pieces
- 2 large tomatoes, diced
- 2 medium red bell peppers, diced small
- 1 cup red cabbage, finely shredded

RTOONS

photo courtesy Fresh From Florida

- 2 bunches green onions, finely chopped
- 1/3 cup radish, finely diced 1 medium half-sour pickle, finely diced, or 1/3 cup chopped green olives 3 tablespoons olive oil Fresh squeezed juice of 1/3 to 1 lemon,
- or to taste
- Kosher salt and freshly ground pepper to taste

Combine all the vegetables and pickles or olives in a salad bowl. Use enough olive oil to moisten the vegetables and add lemon juice to taste. Season with salt and pepper, then toss. Yield eight servings.☆



Emergency.	
Florida Marine Patrol	200 966
Florida Highway Patrol. 278-7 Poison Control. 1-800-282-3 HealthPark Medical Center. 1-800-936-55	3171 321
Ft. Myers Chamber of Commerce 332-3 Foundation for Quality Childcare 425-2	624
Fort Myers Beach Chamber of Commerce	500
Fort Myers Beach Library	000
Lee County Chamber of Commerce	931
Visitor & Convention Bureau	500
Alliance for the Arts	787
Art League Of Fort Myers	970
BIG ARTS	900
Broadway Palm Dinner Theatre	
Edison Festival of Light 334-2	999
Florida Repertory Theatre at the Arcade	427
Fort Myers Symphonic Mastersingers	800
Harmony Chorus, Charles Sutter, Pres	059
The Schoolhouse Theater 472-6	862
SW Florida Symphony	239
Young Artists Awards	
Angel Flight	GEL
American Business Women Association	755
Audubon of SWFL 339-8 Audubon Society 472-3	
Caloosahatchee Chapter DAR	366
Cape Chorale Barbershop Chorus	631
Cape Coral Stamp Club	083
Edison Porcelain Artists	
FM UDC Chapter 2614 - United Daughters of the Confederacy 728-3 Friendship Force Of SW FL	743
Garden Club of Cape Coral	654
Horticulture and Tea Society 472-8 Horticultural Society 472-6	334 940
Lee County Genealogical Society	625
NARFE(National Active & Retired Federal Employees 482-6	713
Navy Seabees Veterans of America 731-1 Paradise Iowa Club of SWFL 667-1	354
Sons of Confederate Veterans	
Southwest Florida Music Association	2118
Kiwanis Fort Myers Edison 694-1	056
Kiwanis Fort Myers South	405 768
Iona-McGregor 482-0 Lions Club Fort Myers Beach 463-9	
Lions Club Fort Myers High Noon 466-4	228
Lions Club Estero/South Fort Myers)417
Organ Transplant Recipients of SW Florida	073 906
Rotary Club of Fort Myers 332-8 Sanibel-Captiva Orchid Society 472-6	158
United Way of Lee County 433-2	000
United Way 211 Helpline (24 hour)	
Bailey-Matthews National Shell Museum. 395-2 Burrough's Home. 337-9	505
Calusa Nature Center & Planetarium	
Fort Myers Skate Park 321-7	558
Imaginarium Hands-On Museum & Aquarium 321-7 JN "Ding" Darling National Wildlife Refuge 472-1	100
Koreshan State Historic Site	311 550
Ostego Bay Foundation Marine Science Center	101
Southwest Florida Historical Society	044
Southwest Florida Museum of History	
To be listed in calling card email your information to: press@riverweekly.com	

PUZZLES

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Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally	7
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answer on page 29

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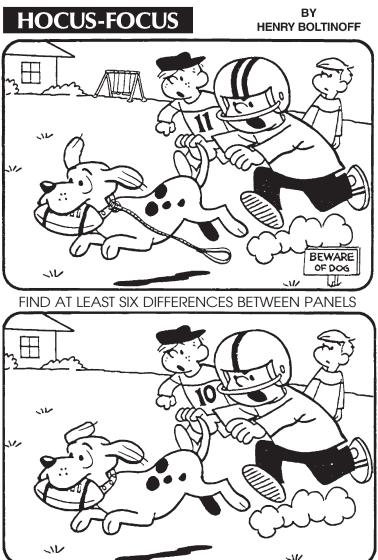
SCRAMBLERS ramble the letters within each rectangle to form four ordinary words. Then range the boxed letters to form the mystery word, which will complete the gag! Leave SINGER Far METEOR Bottom RUNED Wave REFLAT TODAY'S WORD

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SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 29



different. 4. Leash is missing. 5. Helmet stripe is missing. 6. Sign is missing. Differences: 1. Swing set is missing. 2. Dog's ear is different. 3. Number is

Golf Fundraiser Brings In \$24,000



LPGA professionals pose for a photo with Wildcat Run members and junior golf participants

'ildcat Run Golf & Country Club in Estero raised \$24,000 at its recent second annual LPGA Girls Golf charity event, nearly doubling the total from last year's inaugural tournament benefiting the LPGA USGA Girls Golf program. The sold-out scramble-style tournament paired 84 Wildcat Run members with 28 LPGA golf professionals. The winning team of Deana Josephson, Karen Clark and Peggy Frazier, paired with professional Jennifer Ha, shot 13 under par for a score of 59.

Two teams tied at 10 under par shooting 62. Using their back nine scores, second place was awarded to Mary Joyce, Cheryl Bogard and Becky Townsend, paired with professional Gabriella Wahl. Third place recipients included Jeannie Knight, Diane Paton

and Mary English, paired with professional Catherine O'Donnell. The top three of 28 participating teams were recognized at an award ceremony and

photo provided

Ine top three of 20 participating teams were recognized at an award coordinary and luncheon following the tournament. LPGA USGA Girls Golf is the only national junior golf program that specializes in providing girl-friendly environments for juniors to learn the game of golf. Girls Golf are the experts in making the game of golf fun and teach more than just stance and swing; Girls Golf teaches girls valuable life skills like confidence and perseverance.

Wildcat Run Golf & Country Club is located at 20300 Country Club Drive in Estero. For more information, visit www.WildcatRunCC.com or call 947-6066.举

THE RIVER - DECEMBER 00, 2017 28

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My Stars ★★★★ FOR WEEK OF DECEMBER 4, 2017

ARIES (March 21 to April 19) You've let yourself be distracted from what's really important. But love finally gets your attention this week. However, it comes with a challenge that could create a problem.

TAURUS (April 20 to May 20) Be careful not to bully others into following your lead. Best advice: Persuade, don't push, and you'll get the cooperation you need to move forward with your plans.

GEMINI (May 21 to June 20) Resist the urge to gloat now that you've proved your detractors wrong. Instead, charm them back into your circle. Remember: A former foe can become your best ally.

CANCER (June 21 to July 22) You might want to claim all the credit for making this holiday season special. But is it worth producing a lot of hurt feelings by rejecting offers of help? Think about it.

LEO (July 23 to August 22) Ignore a co-worker's questionable behavior. Instead, put your energy into making your own project special. Then sit back and purr over your well-deserved applause.

VIRGO (August 23 to September 22) You might not want to accept those suggested changes in your workplace. But don't chuck them out before you check them out. You could be happily surprised.

LIBRA (September 23 to October 22) Your holiday planning might have to take a back seat for a bit so that you can handle a problem with a friend or family member. Your schedule resumes by the 9th.

SCORPIO (October 23 to November 21) Relationships in general benefit during the early part of the week, including in the workplace. Also expect some overdue

changes in a personal situation. SAGITTARIUS (November 22 to December 21) "Prudence" should be your watchword this week. Best not to be too open about some of the things that are currently happening in your life. CAPRICORN (December 22 to

January 19) Money is on your mind, so you'd best mind how you're spending it. Take another look at that holiday budget and see where you can make adjustments.

AQUARIUS (January 20 to February 18) Resolving to revive an old friendship

could open some old wounds. Are vou sure you want to risk that? Think this through before making a commitment.

PISCES (February 19 to March 20) Your need to know more about a new friend could lead to some startling revelations. Best advice: Keep an open mind about what you learn until all the facts are in.

BORN THIS WEEK: Your loyalty to friends makes you a very special person to those whose lives you've touched.

THIS WEEK IN HISTORY

• On Dec. 4, 1872, a British brig spots the Mary Celeste, an American vessel, sailing erratically near the Azores Islands in the Atlantic Ócean. Not a soul was onboard. Based on the last entry in the captain's log, the ship had been adrift for 11 days.

• Ón Dec. 5, 1933, national prohibition of alcohol in America comes to an end as Utah becomes the 36th state to repeal the 18th Amendment. Mississippi, the last dry state in the Union, did not end Prohibition until 1966.

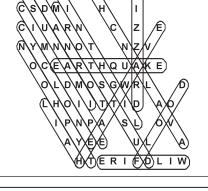
• On Dec. 6, 1961, U.S. Joint Chiefs of Staff authorizes combat missions by Operation Farm Gate pilots. It gave U.S. pilots the go-ahead to undertake combat missions against the Viet Cong as long as one Vietnamese national was aboard the aircraft for training purposes.

• On Dec. 7, 1941, 353 Japanese warplanes attack the U.S. naval base at Pearl Harbor, destroying 19 ships and killing more than 2,300 Americans. The following day, the U.S. declared war on Japan.

• On Dec. 8, 1881, a fire at the luxurious Ring Theater in Vienna, Austria, kills at least 620 people and injures hundreds more. The fire started when a stagehand inadvertently lit some prop clouds hanging over the stage.
On Dec. 9, 1950, Harry Gold -- who

confessed to being a courier between a British scientist with information on the atomic bomb and Soviet agents -- is sentenced to 30 years in prison. Gold's arrest was part of a massive FBI investigation into Soviet espionage.

• On Dec. 10, 1970, the defense opens its case in the murder trial of Lt. William Calley, a platoon leader in Vietnam. Calley, who had led his troops



MAGIC MAZE

NATURE'S FURY

(T H G U O R D)

to kill 22 innocent Vietnamese civilians in the village of My Lai, was sentenced to 20 years, but was paroled by President Richard Nixon in 1974.

STRANGE BUT TRUE

• It was 20th-century French philosopher, author and political activist Jean-Paul Sartre who made the following sage observation: "If you're lonely while" you're alone, you're in bad company."

• Other than humans and apes, the only animal that has no tail is the Manx cat.

• It seems that the Mets would be hands-down winners of the prize for the shortest MLB team name, but they actually have one of the longest names. It's just that not many people remember that the team's full name is Metropolitan Baseball Club.

 You might not think that fruitcake that much-maligned holiday staple - and mahogany - the hardwood valued for its beauty and durability - have anything in common. You'd be wrong, though; the two items have the same approximate density

• Those who study such things say that, as a whole, indoor cats prefer the taste of fish, while outdoor cats prefer the taste of mice.

• In parts of New England, porcupine liver was once considered to be a delicacy.

• Saint Anthony the Great, an early Christian monk from Egypt, spent years living in a tomb in order to overcome temptation. This is doubtless why he's now known as the patron saint of gravediggers.

THOUGHT FOR THE DAY

"Television's perfect. You turn a few knobs and lean back and drain your mind of all thought. And there you are watching the bubbles in the primeval ooze. You don't have to concentrate. You don't have to react. You don't have to remember. You don't miss your brain because you don't need it. You are in the man's nirvana. And if some poor nasty-minded person comes along and says you look like a fly on a can of garbage, pay him no mind. He probably hasn't got the price of a television set." -- Raymond Chandler

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SCRAMBLERS

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TRIVIA TEST

- 1. **Comics:** What was Superman's birth name on the planet Krypton?
- Literature: Which poet wrote the line, "How do I love thee? Let me count the ways"?
- 3. Geography: What is the capital of India?
- 4. Games: In the game of checkers, how many pieces do you start with?
- 5. U.S. States: Which state's nickname is The Old Line State?
- Anatomy: What part of the brain regulates breathing?
- Famous Quotations: What French statesman and military leader once observed: "Glory is fleeting, but obscurity is forever"?
- 8. Movies: Who was the choreographer for the movie version of "West Side Story"? **U.S. Presidents:** What U.S.
- 9. president lost two sons in war, the first in World War I and the second in World War II?
- 10. Law: What part of the Constitution deals with arrests, searches and seizures?

TRIVIA ANSWERS

10. Fourth Amendment

I. Kal-El 2. Elizabeth Barrett Browning 3. New Delhi 4. 12 5. Maryland 6. Brain stem 7. Napoleon Bonaparte 8. Jerome Robbins 9. Teddy Roosevelt 10. Earwh Amandant

* *	* CLASSI	FIED ★ CLA	SSIFIED ★	* *
REAL ESTATE	REAL ESTATE	VACATION RENTAL	ANNUAL RENTAL	SERVICES OFFERED
A GREAT FIND! Condo for sale in Sanibel View, a private gated community in Fort Myers, just a 4-minute drive to the Sanibel Causeway. 2 BR/2BA plus Den and Lanai; updated kitchen, baths, windows & more. Includes a 2-car garage; elevator in bldg. The location	TIMESHARE FOR SALE SANIBEL COTTAGES TIMESHARE Week #41 Unit #122-2BR/2BA Sleeps 6-2nd BLDG back from beach w/view of ocean,pool,pond. HGVC property. \$10,900. 908-236-8896. 11/10 * TEN	ADORABLE VINTAGE BEACH COTTAGE RENTAL Live like the islanders. East End residential cottage steps from beach. Jan or March open due to cancellation. 2 bed/1ba/screen porch, W/D in unit. On Chamber of Commerce site.	CLOSE TO BOWMAN'S BEACH 3BR/2BA,fully furnished and equipped,large screened porch, garage. Community pool and Tennis. \$2,500/mo. For more info email: sblcottage@gmail.com 11/10 \$ 12/15	NATURAL HOME CLEANING Optimize your health and home Utilizing hydrogen peroxide, fresh citrus, b. soda and Suds. Sonya @ 239-246-7007. ^{5/26} * TFN
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RICHARD J. GARCIA, GRI, BROKER 239-472-5147 garciaonsanibel.com Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel.		tenants together Call Ryan Block www.remax-oftheislands.com 239-472-2311 ☆RS 1/23 BM TFN ANNUAL RENTAL	PROFESSIONAL CAR WASH & WAX & DETAIL BY HAND Sanibel & Captiva Islands & South Fort Myers. Exterior & Interior Cleaning. Tire Dressing. No job too big or too small.	in clothing sales. If you are motivated, energetic, friendly, can work night and weeeknds - please send your resume to: sanibel@islandpursuit.com or Fax: 472-8113 11/24 * 12/8
Licensed in Florida, New York, Pennsylvania and New Jersey. *RS 4/29 CC TFN BUILD ON YOUR SANIBEL PROPERTY!	2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073. *RS &/5 CC TFN	ANNUAL RENTAL SANIBEL Waterfront Home: This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den,	I come to your Home, Condo, or Hotel. Reasonable Rates. Satisfaction Guaranteed. Call Bryan 239-284-3639. 9/29 & TFN	JERRY'S FOODS SERVERS & BARISTAS Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability
		piling home is offered UF @ \$3,300/mo. Lake Front: This peaceful location is true Island Living. Close to everything. This beautiful updated, UF, piling home offers 3 BR/2 BA, separate laundry room, bamboo floors, Ig. scr. porch,	SCARNATO LAWN SERVICE Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com *RS 1/25 BM TFN	Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way *NS 5/6 BM TFN
SEE THE NEW MODEL HOME! HOME MODELS FROM \$400,000 TO \$600,000 Enjoy the benefits of everything new! Give us a call about building a new home on your lot for	LIGHTHOUSE REALTY Paul J. Morris, Broker VACATION RENTALS PROPERTY MANAGEMENT & SALES 359 Periwinkle Way, Sanibel Island 239-579-0511 *RS 1/4 CC TFN	2 car garage + xtra parking. \$2,500/mo. Directly Across from Beach: This custom UF piling home Offers 3BR/2½ BA, two floors of living. Custom wood floors throughout, all 'High End' appliances, separate bar, master suite top floor and home has 3 car garage + storage. \$4,250/mo.	ALZHEIMER CARE IN PRIVATE HOME 24hr Adult care in my home for individuals looking for one on one long-term care for their loved ones, I accept all stages of Dementia/Alzheimer.	BOATS - CANOES - KAYAK DOCKAGE Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800
about the same price as purchasing an older home. • New kitchen, new roof, new baths, new impact glass! • Considerably lower wind and flood insurance costs! • Low, low electric bills! Call for more information – 239-850-0979 Ann Gee, Broker Associate	Island Vacations Of Sanibel & Captiva Million \$ Views Await You! • Cottages • Condos • Homes • Miles of Pagabas \$ Pike Patha	FORT MYERS Close to Beaches: This 2/2 UF condo. fresh paint, new carpet, large screen porch view of lake. Gated community. \$1,300/mo. Please call for details 472-6747	Clean and secure environment, Call for more information cellular: 561-509-4491 home: 239-963-8449 10/20 * TFN	BOAT SLIP RENTAL WANTEE Want to rent boat slip for 6 months on Sanibel or Captiva. Will pay \$2,500.
Or email RealtorAnn@hotmail.com John Gee & Company 2807 West Gulf Drive, Sanibel 11/17 & 12/8	Miles of Beaches & Bike Paths 239-472-7277 1-888-451-7277 *RS 1/4 BM TEN	Helping People Become Islanders for over 35 years! The Island Experience! 11/17 & TFN	Residential-Commercial-New Construction \$120 Window Cleaning. Inside And Out. Single Home Or 10% Off. First Time New. Customers/Free Estimates. JC 407-902-7845-jccpcleaning@aol.com	Contact: 410-615-0172. 11/17 & TFN

 $\star \star \star$ www.islandsunnews.com PLACE CLASSIFIED $\star \star \star$

AUTO FOR SALE

1995 BMW 325i CONVERTIBLE Red w/tan interior, 45,000 miles. Great Shape, Original Owner. \$5,450. Call 239-472-8408 or 847-910-7364. 12/1 🛠 12/8

1995 BMW 318i CONVERTIBLE Black w/ tan interior 111,000 miles Great Island Car - \$2.900 239-472-0615; 614-327-4747 11/24 🛠 12/1

2011 KIA SORENTO SX 34,000 miles, \$14,500 Gorgeous inside and out! This one is loaded, low miles, and the Interior looks brand new. Extremely well maintained Serviced and detailed regularly. Kept in a cool garage, not out in the sun! 616-581-1277 11/17 🔆 12/08

LOST AND FOUND

LOST - REWARD Old U.S. Silver Dollar, likely at Sunday Farmer's Market. Sentimental value. Call (239) 472-3817. 11/24 🛠 12/1

LOST PET

LOST CAT, BLACK Last seen East End of island, Lundgren area. [She lost her tracking collar in Kings Crown area]. Responds to name of "Blackie." Reward. Call 239-980-3592 or 239-277-0058. 11/24 🛠 TFN

Top 10 Real Estate Sales

Sonny

Haven on Earth Animal League Amber And Sonny



photos provided



i, I'm Amber. I'm Sonny's sister, and I'm just the cutest little calico girl with a white spot on my nose and ear tufts. I'm only 8 weeks old and currently staying with a foster mom. I need someone

to love me forever - and hopefully adopt my sister too. My adoption fee is \$125 and includes spaying and vaccinations.

PETS OF THE WEEK

Hello, I'm Sonny. I'm Amber's sister, and I'm a very cute little girl. I'm only 8 weeks old. I have a beautiful white coat with flame point markings - maybe one of my parents was Siamese? I'm just waiting for someone to take me home and love me - and hopefully adopt my sister too. I'm staying with a foster mom and dreaming of my new forever home. My adoption fee is \$125 and includes spaying and vaccinations.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@ yahoo.com.举

> Read us online at IslandSunNews.com

LCDAS Working Cat Program

ee County Domestic Animal Services has cats that may not be the best cuddlers but are ready to join your workplace as a "working cat."

Some cats don't want to be petted or snuggle on a lap, but that doesn't mean they can't live full, satisfying lives. Some cats feel more comfortable when left alone to be themselves. In a warehouse, car dealership or store, these cats can warm up to people and transform into playful mascots under the care of the business staff.

All cats in the Working Cat program are free and are vaccinated, spayed or neutered.

Working Cats and traditional pet adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday, at the shelter, 5600 Banner Drive, Fort Myers. Volunteers are available to help adopters select the pet that is best suited for their lifestyle and family.☆

Calendar Girls Entertain At Fleamasters

he Calendar Girls kicked off the holiday season with their Whimsical Christmas Show at the Fleamasters Music Hall in Fort Myers on Saturday, November 24. Joining them was Southeastern Guide Dog puppy-intraining Wyatt. For more information on the song and dance team, visit www. calendargirlsflorida.



Calendar Girls during their recent Fleamasters Christmas celebration photo provided

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Bellamare	Miromar Lakes	2005	3,472	\$2,325,000	\$2,325,000	0
Sweet Bay at Shadow Wood	Estero	2003	3,548	\$1,349,000	\$1,300,000	6
Surfside Waterway Estates	Cape Coral	2013	2,815	\$1,150,000	\$1,060,000	64
Las Palmas	Bonita Springs	2001	2,488	\$950,000	\$885,000	216
Nature's Cove	Estero	2006	2,972	\$809,900	\$760,000	210
Cape Coral	Cape Coral	2001	3,471	\$699,000	\$690,000	9
Grande Estates	Estero	2003	2,488	\$649,000	\$640,000	83
Somerset	Fort Myers	2012	2,571	\$573,900	\$550,000	84
Cape Coral	Cape Coral	2005	2,383	\$564,500	\$540,000	34
Capri	Bonita Springs	1999	1,723	\$529,900	\$505,000	157

com.☆

Courtesy of Royal Shell Real Estate



AWARD WINNING

FLAVORS FROM THE CARIBBEAN RIM!

"For the sun-kissed & sun-desirous alike, a vacation on a plate."

The New York Cimes

Yucatan Shrimp

- Flat Breads • Outdoor Seating • Stone Crab Claws

Sanibel Island

<image>

Captiva Island

2500 Island Inn Rd Sanibel Island Fl, 33957 239.472.8311



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South Seas Island Resort Captiva Island Fl, 33924 239.312.4275

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